



RESOURCE LIST: INFORMATION ON SEXUAL ABUSE

The resources listed below are in alignment with Focus on the Family's philosophy and mission. We trust you will find them helpful. If you would like to obtain any of these items, simply call our toll free number 1-800-A-FAMILY. You can also visit our Family Store at www.family.christianbook.com.

BOOKS

- CARING FOR SEXUALLY ABUSED CHILDREN: A HANDBOOK FOR FAMILIES & CHURCHES** by Dr. R. Timothy Kearney (InterVarsity) • 22461 •
While parental support may be the most crucial factor in a child's successful recovery following sexual abuse, supportive adults in the church can also play an important role. This book presents a practical, proactive approach to recognizing and dealing with sexual abuse of children.
- CHANGES THAT HEAL: HOW TO UNDERSTAND YOUR PAST TO ENSURE A HEALTHIER FUTURE** by Dr. Henry Cloud (Zondervan) • 60631 •
The author helps individuals discover four important steps to break free from their past. Readers will be encouraged by a renewed strength to move ahead with their lives and experience true healing. This book includes a study guide.
- COMPLETE BOOK OF BABY & CHILD CARE** by Dr. Paul Reisser, with the Focus on the Family Physicians Resource Council (Focus on the Family/Tyndale) • 313054 •
This fully-illustrated comprehensive resource offers advice to parents of children from pre-birth through the teen years. In addition to "nuts and bolts" information on child-rearing, chapters also address physical abuse, sexual abuse, emotional abuse, and neglect.
- A DOOR OF HOPE: RECOGNIZING AND RESOLVING THE PAINS OF YOUR PAST** by Jan Frank (Here's Life) • 79660 •
Writing primarily for incest victims, the author shares illustrations of victims of sexual abuse, includes symptoms and negative traits of abuse, and explains how to establish a healthy self-image and a right relationship with God and others. She also presents ten steps to recovery.
- HUSH: MOVING FROM SILENCE TO HEALING AFTER CHILDHOOD SEXUAL ABUSE** by Nicole Braddock Bromley (Moody Publishers) • 48647 •
Written by someone who has felt the shame and believed the lies about sexual abuse, Hush encourages readers who have experienced this abuse to break the silence that enslaves them and empowers their abusers. While learning to forgive, they must also realize it is not their fault. By speaking out, they not only free themselves, but help bring freedom to others.
- ON THE THRESHOLD OF HOPE: OPENING THE DOOR TO HEALING FOR SURVIVORS OF SEXUAL ABUSE** by Dr. Diane Mandt Langberg (Tyndale) • 43628 •
Written for victims of sexual abuse, the book gives descriptions of the experience, the damage it causes, and what the healing needs to look like. Hope and healing are available through Jesus Christ.
- RESTORING BROKEN VESSELS: CONFRONTING THE ATTACK ON FEMALE SEXUALITY** by Victoria L. Johnson (Dabar) • 53981 •
This book is a personal survival kit to train Christians to spot and avoid deception in the area of spiritual warfare, especially in the area of sexuality. The author provides a thorough examination of sexuality and sex abuse, as she gives detailed instructions on how to obtain help, healing, hope and freedom from guilt.
- THE WOUNDED HEART** by Dr. Dan B. Allender (NavPress) • 063070 •
This book explores how sexual abuse damages victims' souls and offers hope to those willing to work through past abuse. The author asserts that a relationship with Christ is central in the healing process, and describes how honesty, repentance, and bold love are prerequisites for growth.

RESOURCE LISTS

"Comfort and Encouragement" • RL003 • Complimentary

"Information on Abuse" • RL044 • Complimentary

WEBSITES

Focus on the Family Website: Life Challenges Section

- <http://www.focusonthefamily.com/lifechallenges.aspx>

Information on abuse and addictions, as well as other life challenges can be found here.

Troubled With Website: Abuse and Addiction Section

- <http://www.troubledwith.com/AbuseandAddiction/>

This website provides materials and information on various types of abuse and addictions.

REFERRALS

Mercy Ministries of America

P.O. Box 111060

Nashville, TN 37222

615/831-6987

615/315-9749 — Fax

info@mercyministries.com — E-mail

<http://www.mercyministries.com> — Website

- This organization offers hope and healing to women 16-28 seeking freedom from life-controlling problems such as depression, drug and alcohol addictions, eating disorders, unplanned pregnancies, physical and sexual abuse and self-harm. No services in other languages.

National Center for Missing & Exploited Children

Charles B. Wang International Children's Building

699 Prince Street

Alexandria, VA 22314-3175

703/224-2150

800/THE-LOST (800/843-5678) — Hotline

703/224-2122 — Fax

<http://www.missingkids.com> — Website

- The National Center for Missing & Exploited Children (NCMEC) provides assistance to parents, children, law enforcement, schools, and the community in recovering missing children and raising public awareness about ways to help prevent child abduction, molestation, and sexual exploitation.

Prevent Child Abuse America

228 South Wabash Avenue

10 Floor

Chicago, IL 60604

312/663-3520

312/939-8962 — Fax

mailbox@preventchildabuse.org — E-mail

<http://www.preventchildabuse.org> — Website

- Prevent Child Abuse America is a secular non-profit organization that has worked for nearly 40 years with local, state, and national groups to promote healthy parenting and community involvement as effective strategies for preventing child abuse. They offer booklets on sexual abuse, emotional abuse, and the link between substance abuse and child abuse among others.