



RESOURCE LIST: MISCARRIAGE

The resources listed below are in alignment with Focus on the Family's philosophy and mission. We trust you will find them helpful. If you would like to obtain any of these items, simply call our toll free number 1-800-A-FAMILY. You can also visit our Family Store at www.family.christianbook.com.

BOOKS

EMPTY ARMS: HOPE AND SUPPORT FOR THOSE WHO SUFFERED A MISCARRIAGE, STILLBIRTH, OR TUBAL PREGNANCY by Pam Vredevelt (Multnomah) • 224107 •

As joy and anticipation dissolve into confusion and grief, painful questions often linger: Why me? Doesn't God care? With the warmth and compassion of a licensed counselor and a Christian woman who has suffered a miscarriage herself, Vredevelt offers sound answers, advice, and reassurance to the woman fighting to maintain faith in this heartbreaking situation.

HANNAH'S HOPE by Jennifer Saake (NavPress) • 836541 •

Using the biblical example of Hannah, Saake directs you to the God of all comfort — whether you long for a child yet to be conceived, grieve for a miscarried baby, or have lived through the anguish of a failed adoption.

I'LL HOLD YOU IN HEAVEN by Jack Hayford (Gospel Light) • 32594 •

For those who've lost a child to death — whether through abortion, miscarriage, stillbirth, or early infant death — Hayford offers compassionate insights from Scripture to help answer your most troubling questions.

A ROSE IN HEAVEN: A JOURNEY OF HOPE AND HEALING FOR WOMEN WHO GRIEVE THE LOSS OF THEIR BABY by Dawn Siegrist Waltman (Heart Rhymes & Roses) • 88037 •

Each year thousands of women lose a child to miscarriage, stillbirth, or early infant death. This guide, written by a mother who's experienced the tragedy, provides support for grieving parents, reassurance of God's love, and the hope of heaven.

SILENT GRIEF by Clara Hinton (New Leaf) • 21371 •

Writing primarily to those who have suffered miscarriage, Hinton also provides hope and encouragement for those who have given birth to a stillborn child, lost an adult child to accident or illness, or whose child is missing.

THREADS OF HOPE, PIECES OF JOY: A PREGNANCY LOSS BIBLE STUDY by Teale Fackler and Gwen Kik (Benjamin Books) • 770707 •

This 10-week study for individual or group use can help and encourage those who have lost a child through miscarriage, stillbirth, SIDS, or any infant death.

THRIVE, DON'T SIMPLY SURVIVE: PASSIONATELY LIVING THE LIFE YOU DIDN'T PLAN by Karol Ladd (Howard Books) • 580492 •

A woman's life can be filled with unexpected events — miscarriage, relocation, unemployment. Ladd's biblically based principles equip you to develop spiritual maturity and resilience, renew your purpose and passion, and heal from hurts.

WHEN GOD DOESN'T MAKE SENSE by Dr. James Dobson (Tyndale) • 82372 •

Encountering difficulties in life can challenge our faith in God — and when questions are left unanswered, we may feel that God has abandoned us. This book addresses those who have been left confused and disillusioned by life's problems.

CDs

"Hope in the Midst of Infertility" I, II (Marlo Shalesky, "Sarah") • 1000749 •

Guests speak to the hurt of couples experiencing difficulty conceiving — and the emotional stress and marital struggles that can result. But they also suggest ways to maintain good communication with your spouse in the midst of infertility or miscarriage and how to stay grounded in the knowledge of God's love and sovereignty.

"How Can I Change?" (Ann Kiemel Anderson) • 5008793 •

All she ever wanted was to be a mother... But when Anderson and her husband watched their hopes dwindle as she suffered one miscarriage after another — and then were further devastated as their attempts at adoption failed — she began to see how God used grief to transform her life and draw her closer to Him. Be amazed and encouraged by Anderson's faith as she urges listeners to seek the blessings that sometimes come only through sorrow.

"A Visit with Jennifer O'Neill" (Jennifer O'Neill) • 5008228 •

O'Neill rose to stardom in the 1970s as a film actress and fashion model — but inwardly, she suffered from loneliness and depression. Here she tells how Christ's love filled the emptiness of her life and how she experienced God's healing from failed marriages, multiple miscarriages, an abortion, and attempted suicide.

RESOURCE LISTS

"Comfort and Encouragement" • RL003 • Complimentary

"Infertility" • RL052 • Complimentary

WEBSITES

Focus on the Family: Life Challenges — Miscarriage

- http://www.focusonthefamily.com/lifechallenges/relationship_challenges/miscarriage.aspx

This series of articles addresses physical and emotional struggles of miscarriage, and offers helpful suggestions and resources.

TroubledWith.com: Love & Sex — Miscarriage

- <http://www.troubledwith.com/LoveandSex/Miscarriage.cfm>

This section of the website offers helpful information about miscarriage, answers to tough questions, and insights from those who've been there.

REFERRALS

Focus on the Family Counseling Line

- If you are struggling and need someone to talk to, [Focus on the Family offers a free phone counseling consultation with a licensed counselor](#). Call 855/771-HELP (4357), Monday–Friday, 6:00 AM to 8:00 PM (MT). Our staff may need to call you back, but they'd love to speak with you and direct you toward local resources if you need further help.

Compassionate Friends, Inc.

P.O. Box 3696

Oak Brook, IL 60522-3696

877/969-0010

630/990-0246 — Fax

NationalOffice@compassionatefriends.org — E-mail

<http://www.compassionatefriends.org> — Website

- Compassionate Friends assists families in processing grief following the death of a child of any age, and they provide information to help others know how best to support a hurting family.

A Quiet Refuge

P.O. Box 63506

Colorado Springs, CO 80962-3506

719/481-0460

719/481-0403 — Fax

mail@quietrefuge.com — Email

<http://www.quietrefuge.com> — Website

- This ministry helps men and women who have experienced a miscarriage.

SHARE (Pregnancy and Infant Loss Support, Inc.)

The National Share Office

402 Jackson Street

St. Charles, MO 63301

800/821-6819

636/947-7486 — Fax

<http://www.nationalshare.org> — Website

- This organization provides support through events, resources, and support groups to come alongside those who have lost a baby to miscarriage, stillbirth, or early infant death.

Stepping Stones

901 Eastern Avenue, Northeast

P.O. Box 294

Grand Rapids, MI 49501-0294

616/224-7610

stepasst@bethany.org — E-mail

<http://www.bethany.org/step/> — Website

- Stepping Stones offers Christian resources and encouragement for couples facing infertility challenges or pregnancy loss.

Umbrella Ministries

P.O. Box 4906

Palm Springs, CA 92263

760/328-7142

DCatchings@aol.com — E-mail

<http://www.umbrellaministries.com> — Website

- Umbrella Ministries offers comfort, hope, and encouragement to mothers who have suffered the loss of a child.