



RESOURCE LIST: PARENTING

The resources listed below are in alignment with Focus on the Family's philosophy and mission. We trust you will find them helpful. If you would like to obtain any of these items, simply call our toll free number 1-800-A-FAMILY. You can also visit our Family Store at www.family.christianbook.com.

PARENTING BOOKS

20 (SURPRISINGLY SIMPLE) RULES AND TOOLS FOR A GREAT FAMILY by Dr. Steve Stephens (Focus on the Family)

• 305990 •

These easy-to-understand guidelines create closer bonds and stronger communication, and build lasting memories for your family. You'll be amazed at what big results happen from little changes the whole family can make!

BOUNDARIES WITH KIDS by Dr. Henry Cloud and Dr. John Townsend (Zondervan) • 43157 •

Here's the help you need to raise kids who take responsibility for their lives and attitudes. Parents will learn how to set loving limits, bring control to an out-of-control life, define appropriate boundaries and consequences for children, and much more.

BRINGING UP BOYS by Dr. James Dobson (Tyndale) • 35266X •

Many parents feel pressure to mold children into a gender-neutral, one-size-fits-all model. Dr. Dobson explains how to understand boys' emotional and physical development and how best to motivate them toward becoming godly men.

BRINGING UP GIRLS by Dr. James Dobson (Tyndale) • 301273 •

Based on Dr. Dobson's research and written in his down-to-earth and good-humored style, this book will help your daughters meet the challenges that come their way — and become the healthy, happy, and successful women you want them to be.

BUILDING CONFIDENCE IN YOUR CHILD by Dr. James Dobson (Revell) • 788117 •

Do you feel as if you're living on a battlefield trying to raise your "willful little darling"? Dr. Dobson combines time-honored principles found in Scripture with research and numerous experiences he's learned from families through the years.

EFFECTIVE PARENTING IN A DEFECTIVE WORLD by Chip Ingram (Focus on the Family) • 303841 •

Chip Ingram shares practical steps for effective discipline and suggests ways to impart your faith to your kids so they're equipped to stand firm through the barrage of challenges they're likely to face.

THE FOCUS ON THE FAMILY COMPLETE GUIDE TO BABY & CHILD CARE: FROM PRE-BIRTH THROUGH THE TEEN YEARS by Paul C. Reisser, M.D., with Physicians Resource Council (Focus on the Family) • 313054 •

Learn how to meet children's specific needs and create an environment where they can thrive. This exhaustive medical reference book addresses the physical, mental, emotional, and spiritual needs of children.

GRACE BASED PARENTING by Dr. Tim Kimmel (Thomas Nelson) • 905480 •

Dr. Kimmel recommends a parenting style that mirrors God's love, reflects His forgiveness, and displaces fear as a motivator for behavior. Learn how to create a solid foundation for growing morally strong and spiritually motivated children.

GUIDING YOUR FAMILY IN A MISGUIDED WORLD by Dr. Tony Evans (Focus on the Family) • 5006879 •

Dr. Evans shares how to establish a healthy, Christ-centered family — and how home can be a refuge of safety and stability in a confused landscape of values.

HAVE A NEW KID BY FRIDAY by Dr. Kevin Leman (Revell) • 719029 •

With his signature wit and encouragement, Dr. Leman offers hope and practical, achievable strategies for regaining control and becoming the parent you always wanted to be.

HOW CHILDREN RAISE PARENTS: THE ART OF LISTENING TO YOUR FAMILY by Dr. Dan Allender (Random House)

• 70529 •

Dr. Allender offers a refreshing biblical approach to raising your kids — one that teaches you how to let go of the pressure to make sure your children succeed, and instead discover how to grow into spiritual maturity.

IT'S YOUR KID, NOT A GERBIL: CREATING A HAPPIER & LESS-STRESSED HOME by Dr. Kevin Leman (Tyndale)

• 976153 •

Does it feel like all you do is chauffeur your children from one activity to another? Give up the impossible quest for your kids to succeed. Instead, learn to leave room in their lives for what matters most — building family relationships.

LOGGED IN AND TUNED OUT: A NON-TECHIE'S GUIDE TO PARENTING A TECH-SAVVY GENERATION by Vicki

Courtney (B & H Publishing) • 46657 •

Moms and dads overwhelmed by today's digital world will learn the imperative basics and checkpoints of instant messaging, text messaging, social networking websites, chat rooms, and photo and video uploading.

THE MOST IMPORTANT PLACE ON EARTH: WHAT A CHRISTIAN HOME LOOKS LIKE AND HOW TO BUILD ONE by

Robert Wolgemuth (Thomas Nelson) • 60261 •

The Most Important Place on Earth offers stories and practical ideas that will convince you a Christian home is not an elusive stereotype. It's something that can be achieved — and something worth having.

MOVIE NIGHTS FOR KIDS by Bob Smithouser (Focus on the Family) • 972147 •

This book highlights 25 thought-provoking films to get parents and younger children talking and learning about life, faith, and family — all while having fun.

MOVIE NIGHTS FOR TEENS by Bob Smithouser (Focus on the Family) • 972155 •

From contemporary releases to classics, this book includes 25 wide-ranging selections with plot summaries, Christian analysis, and discussion questions sure to spark family conversations about culture, entertainment choices, and God.

PARENTING ISN'T FOR COWARDS by Dr. James Dobson (Tyndale) • 317465 •

In this study-guide edition, Dr. Dobson offers specific advice to frustrated parents. This is a valuable resource for parents needing a "booster shot" of encouragement and advice on raising children without unnecessary guilt.

PLUGGED IN PARENTING by Bob Waliszewski (Tyndale) • 976245 •

Learn how to teach your kids media discernment without alienating them. This book suggests ways to uphold biblical standards when establishing family entertainment parameters.

PROTECTING YOUR CHILD IN AN X-RATED WORLD by Frank York and Jan LaRue (Focus on the Family) • 99070 •

Pornography is pervasive, and all of our children are vulnerable to its influence. Learn how to protect your child from pornography and fight its presence in your own community.

SECURE DAUGHTERS, CONFIDENT SONS: HOW PARENTS GUIDE THEIR CHILDREN INTO AUTHENTIC MASCULINITY & FEMININITY by Glenn T. Stanton (Multnomah) • 422941 •

Discover why gender plays such a vital role in raising children into healthy adults. Packed with research-based insights and practical tools, Stanton clears up cultural confusion surrounding gender identity, exposes the dangers of stereotypes, and reveals how parents can help shape their children's understanding of what it means to be a man or a woman.

THE SIXTY MINUTE FAMILY by Rob Parsons (Lion) • 953830 •

Combining practical wisdom and advice, Parsons shares from his own experience about how to strengthen your family relationships.

TALKING SMACK: WHO'S TALKING TO YOUR KIDS ABOUT DRUGS AND ALCOHOL, IF YOU'RE NOT? by Glenn

Williams (Biblica) • 068860 •

Of all the things a parent worries about when their child is approaching the teen years, substance abuse may be at the top. *Talking Smack* is full of tips and stories that will encourage parents and show them why it's better to take an active role on this vital issue earlier rather than later.

THE WELL-BEHAVED CHILD: DISCIPLINE THAT REALLY WORKS by Dr. John Rosemond (Thomas Nelson) • 229040 •

This book offers practical solutions for behavior issues of children aged 3 to 12 based on the biblical concept that respect for others — not self esteem — is the way to raise emotionally stable children.

YOU CAN'T MAKE ME (BUT I CAN BE PERSUADED) by Cynthia Ulrich Tobias (Random House) • 71930 •

Tobias provides specific strategies for motivating and disciplining your difficult child and helping him or her to succeed. Experience greater peace within the whole family as you gain insights about your child and yourself.

YOUR HERITAGE: HOW TO BE INTENTIONAL ABOUT THE LEGACY YOU LEAVE by J. Otis Ledbetter and Kurt Bruner (Focus on the Family) • 433746 •

This book explores God's design for passing on beliefs from parent to child and describes how traits are handed down from generation to generation. The authors explain a practical approach to passing on a legacy to your children.

YOUR MARRIAGE CAN SURVIVE A NEWBORN by Glenn Williams and Natalie Williams (B & H Publishing) • 40604 •

Be prepared for the “baby-bomb” — the effects of a newborn upon your marital relationship — with tips from those who’ve been there. Learn how to strengthen your marriage as you face one of the most challenging times of your life: parenthood.

BOOKS FOR FATHERS

THE 21-DAY DAD’S CHALLENGE: THREE WEEKS TO A BETTER RELATIONSHIP WITH YOUR KIDS by Carey Casey (Tyndale) • 976818 •

Join dads across the country and learn habits that will have an eternal impact on your kids, your family, and your community. Each day’s challenge includes a reflective thought from well-known dads, supporting Scripture, a call to action, and space for your personal reflections.

BOOK OF MAN: READINGS ON THE PATH TO MANHOOD by Dr. Bill Bennett (Thomas Nelson) • 552716 •

Seeking to chart a clear course for youth, Dr. Bennett explores the life of men at work, play, prayer, war, and home to define what a man is, how he should live, and what he should pursue.

CHAMPIONSHIP FATHERING: HOW TO WIN AT BEING A DAD by Carey Casey (Tyndale) • 5006880 •

Drawing on his experience as chaplain of the Dallas Cowboys and other NFL teams, the CEO of the National Center for Fathering encourages dads to follow a loving/coaching/modeling strategy to raise well-adjusted, confident kids.

THE DAD IN THE MIRROR: TEN IDEAS TO HELP YOUR CHILDREN GROW UP LOVING GOD by Patrick Morley and David Delk (Zondervan) • 50733 •

Learn how to instill a desire to live a godly life in even the most rebellious child by modeling what it means to love God and others truly and passionately.

DAUGHTERS GONE WILD, DADS GONE CRAZY: BATTLE-TESTED TIPS FROM A FATHER AND DAUGHTER WHO SURVIVED THE TEENAGE YEARS by Charles Stone and Heather Stone (Thomas Nelson) • 904340 •

The Stones share the realities of their 6-year nightmare to foster hope for families trying to survive the teen years. They offer readers practical suggestions for handling the worst tempests of teen rebellion.

THE FATHER CONNECTION: HOW YOU CAN MAKE THE DIFFERENCE IN YOUR CHILD’S SELF-ESTEEM AND SENSE OF PURPOSE by Josh McDowell (B & H Publishing) • 447422 •

The Father Connection looks at ten parenting qualities inspired by the ultimate model of fatherhood: God. Embracing these characteristics will make all the difference in a child, boosting self-esteem and sense of purpose.

FIRST TIME DAD: THE STUFF YOU REALLY NEED TO KNOW by John Fuller (Moody) • 487506 •

Focus on the Family broadcast co-host John Fuller helps you avoid common fathering mistakes, keep your marriage alive, set priorities, and understand the power of your words. Learn how to cultivate a lasting parent-child relationship and get excited about being a father.

LETTERS FROM DAD by Greg Vaughn (Thomas Nelson) • 453429 •

When Greg’s father died, a rusty tackle box was the only tangible item he left as a legacy. Greg was challenged to ensure that his own children know that they are the treasures of his life. Create a legacy of love for those you love the most.

RAISING A MODERN-DAY KNIGHT: A FATHER’S ROLE IN GUIDING HIS SON TO AUTHENTIC MANHOOD by Robert Lewis (Focus on the Family/Tyndale) • 973097 •

A boy’s journey to manhood should be celebrated. But how do you help your son stay on the right road? *Raising a Modern-Day Knight* uses Scripture, illustrations, and real-life stories to give dads insight they need to equip sons for the path ahead.

SHE CALLS ME DADDY by Robert Wolgemuth (Focus on the Family/Tyndale) • 96522 •

This book cites seven foundational principles for raising healthy girls and addresses topics including discipline, dating, humor, step-parenting and single parenting.

WHAT A DAUGHTER NEEDS FROM HER DAD: HOW A MAN PREPARES HIS DAUGHTER FOR LIFE by Michael Farris (Bethany House) • 28706 •

Dads play a crucial role in forming and shaping a daughter’s future. Learn strategies that build character and spiritual strength from infancy into adulthood.

WHAT A DIFFERENCE A DADDY MAKES by Kevin Leman (Thomas Nelson) • 66046 •

Dr. Leman gives dads advice on parenting daughters: balancing authority with love, keeping conversations going as she grows up, and introducing her to God.

BOOKS FOR MOTHERS

AM I MESSING UP MY KIDS? by Lysa TerKeurst (Harvest House) • 928663 •

Many moms wonder if they're doing something that will adversely impact their child's life — but TerKeurst helps moms relax, let go of guilt, and turn to God for support and guidance.

BOY-STEROUS LIVING: CELEBRATING YOUR LOUD AND ROWDY LIFE WITH SONS by Jean Blackmer (Beacon Hill)

• 123908 •

Raising boys is an adventure! With humorous insight and practical advice, Blackmer helps parents impact and shape the lives of their sons — and to celebrate the laughter, passion, noise, and endless energy boys bring to our lives.

THE MISSIONAL MOM: LIVING WITH PURPOSE AT HOME & IN THE WORLD by Helen Lee (Moody) • 437860 •

Whether you're a full-time homemaker or a working mother, Lee helps you use your gifts to further God's Kingdom. Discover how to embrace your identity, understand your cultural context, resist the status quo, confront life's realities, and more.

THE MOM YOU'RE MEANT TO BE by Cheri Fuller (Focus on the Family/Tyndale) • 71329 •

Motherhood is meant to be a blessing, not a burden. Moms will be energized and encouraged as Fuller urges them to forget the formulas and lean on God's wisdom to raise their children.

MOMS ON THE JOB: SEVEN SECRETS FOR SUCCESS AT HOME AND WORK by Sabrina O'Malone (Focus on the Family)

• 97491X •

Written by a mom of six children — who spent over a decade in the workforce and is also president of Working Mom Enterprises — this book shares how to successfully juggle childrearing and a job.

MY HEART'S AT HOME: BECOMING THE INTENTIONAL MOM YOUR FAMILY NEEDS by Jill Savage (Harvest House)

• 918264 •

Do you realize that your role as a mom is as important as any other profession? Jill Savage offers advice for creating a vision and empowering you to make intentional decisions that lead to a thriving home and family.

PARENTING IS YOUR HIGHEST CALLING (AND 8 OTHER MYTHS THAT TRAP US IN WORRY AND GUILT) by Leslie

Leyland Fields (WaterBrook) • 074201 •

In a search for the ideal blueprint for raising children, Christians often seize hold of mistaken notions about parenting. But a closer look at Scripture exposes these beliefs as guilt-inducing myths and replaces them with the fresh hope of truth.

RAISING A MODERN-DAY PRINCESS: INSPIRING PURPOSE, VALUE, AND STRENGTH IN YOUR DAUGHTER by Pam

Farrel, Doreen Hanna (Tyndale) • 975743 •

The authors come alongside mothers and mentors to offer encouragement as they raise daughters with a healthy self-image and knowledge of who they are in Christ.

REAL MOMS ... REAL JESUS: MEET THE FRIEND WHO UNDERSTANDS by Jill Savage (Moody) • 483614 •

As a real friend, Jesus understands and wants to help you in your struggles as a mother. Be encouraged to discover scriptural truths that relate to the everyday challenges of parenting.

PARENTING CDs

"The Blessings of Raising a Large Family" I, II (Jim Bob and Michelle Duggar) • 1000782 •

The Duggars, parents of 19 children, discuss how they handle chores, obedience, and schedules in the context of helping their kids build good character.

"The Challenges of Parenting Teens" I, II (Dr. Robert Barnes) • 1000778 •

Dr. Barnes shares about the adjustments that happened as his kids became teenagers, as well as his emotional struggles with them left for college. He also provides advice for helping teens learn discernment.

"The Christian Family" (Dr. Tony Evans) • 50143630 •

Using Psalm 128:1-4 as a basis, Dr. Evans discusses the roles of husbands and wives, the importance of raising children in a good atmosphere, and the blessings of the Lord.

"The Essentials of a Healthy Home" I, II (Reverend Tommy Nelson) • 5009071 •

Nelson discusses the needs all children share — including a peace-filled household, time spent together as a family, and godly role models — and he offers biblical advice on what parents can do to meet these needs in a God-honoring way.

"Francis Chan: Faith and Family" (Pastor Francis Chan) • 1000647 •

Chan explains why husbands and wives should focus more on embracing God's call for their lives *together* than on *themselves*. As they follow the leading of the Holy Spirit, they can model faith to their children — and pursue the mission God has specifically for their family.

"Helping Kids Make Good Life Choices" I, II (Dr. Tim and Mrs. Darcy Kimmel) • 1000629 •

The Kimmels discuss parenting with eternity in mind. They remind parents to emphasize true greatness — not through accomplishments, but by building solid relationships, developing godly character and cultivating faith in the Lord.

"Nurturing a Healthy Gender Identity in Your Child" I, II (Glenn Stanton) • 1000722 •

Author of *Secure Daughters, Confident Sons*, Stanton explains why gender matters and how today's culture tends to confuse the issue. He talks about what God-given masculinity and femininity looks like and why children grow up best with both a dad's and a mom's perspective.

"Nurturing God's Gifts in Your Child" (Max McLean, Jim Daly, Dr. Juli Slattery, John Fuller) • 1000773 •

Critically acclaimed actor Max McLean reflects on how his Christian faith has deepened as a result of his role in a stage production of C.S. Lewis' *The Screwtape Letters*. Back in the studio, Jim, Juli, and John discuss how parents can nurture their children's natural talents.

"Parenting an Online Generation" I, II (Vicki Courtney, Dr. Bill Maier) • 5008797 •

Vicki Courtney offers a revealing look at how kids are using technology today. Topics covered include protecting children from dangers like online predators, cyber bullies, and Internet pornography addiction.

"Parenting Concepts that Work" I, II (Dr. John Rosemond) • 1000694 •

Our culture often exchanges a biblical model of parenting for a purely psychological one, and many children today are taught to focus on themselves as their parents emphasize accomplishment and success. But Dr. Rosemond encourages a return to the biblical model by teaching the three "R's": respect, responsibility, and resourcefulness.

"Parenting with Love and Grace" I, II (Dr. Tim Kimmel) • 5008216 •

Many parents unwittingly focus too much on controlling their children's outward behavior rather than building their inner character. Dr. Kimmel encourages parents to extend more grace toward their children, just as God extends grace to us all.

"Passing on a Blessing to Your Family" (Dr. John Trent, Dr. Tony Wheeler) • 1000756 •

Drs. Trent and Wheeler talk about the importance of blessing your children and spouse. Even if you didn't personally receive a blessing from your parents, learn how to successfully break this cycle and begin blessing your family.

"Practical Advice for Drug-Proofing Your Kids" (Glenn Williams) • 1000645 •

Glenn Williams, author of *Talking Smack*, provides practical ideas about how parents can talk to their kids about drugs and handle peer pressure. He shares the importance of lifestyle modeling and teachable moments in preparing children to make good choices.

"Practical Advice for Raising Media-Savvy Kids" (Bob Waliszewski) • 1000772 •

Bob Waliszewski, author of *Plugged-In Parenting*, talks about how his eyes were opened to God wanting to be part of our media choices. He offers practical advice on the importance setting entertainment guidelines for your family.

"Practical Tools for Raising Well-Behaved Children" I, II (Dr. John Rosemond) • 1000598 •

Dr. Rosemond shares solutions for disciplining children from his book *The Well-Behaved Child*. These principles are based on the biblical concept that respect for others — not self esteem — is the way to raise emotionally stable children.

"Preparing for Adolescence" (Gospel Light) • 738304 • 8 CD Set

Dr. Dobson talks directly to pre-teens about the years immediately ahead. His casual, conversational approach to these sessions provides an informative and entertaining discussion of the adolescent experience.

"Preparing the Next Generation of Men" I, II (Dr. Bill Bennett) • 1000801 •

Radio host and best-selling author Dr. Bill Bennett discusses the decline of authentic masculinity in our culture and offers insights on how parents can raise their boys to become true men.

"Protecting Girls from Growing Up Too Fast" I, II (Dannah Gresh) • 1000676 •

Gresh explains why it's such a big deal that our culture teaches young girls to act "sexy" and older than they are. She explains how you can protect your daughter from growing up too quickly.

"Raising Exceptional Kids in a World Gone Wrong" I, II (Chip Ingram) • 1000649 •

Ingram encourages parents to focus more on their children's character rather than their accomplishments. Listen in as he offers biblical advice in a discussion based on his book *Effective Parenting in a Defective World: How to Raise Kids Who Stand Out from the Crowd*.

"Relationship: The Key to Teaching Truth to Your Children" I, II (Josh McDowell, Sean McDowell) • 1000730 •

Josh and son Sean explain why the relationship between parents and their children is critical in determining whether children will keep or abandon their Christian faith when they become young adults.

"Rescuing Your Family from a Hectic Lifestyle" I, II (Dr. Kevin Leman) • 1000784 •

In a discussion based on his book *It's Your Kid, Not a Gerbil: Creating a Happier and Less-Stressed Home*, Leman explains why parents should limit their children's activities.

"The Sacred Role of Parenting" (Gary Thomas) • 5008223 •

Thomas believes that one of the main reasons God gives us children is to shape our own characters — because as parents raise kids, we learn to put others' needs before our own.

"Surviving the Strong-Willed Child" I, II (Cynthia Tobias) • 5009008 •

Tobias offers advice and encouragement for frazzled parents of strong-willed children. Being strong-willed can be an asset — not a liability — and you *can* teach your child to use their will in a way that glorifies God.

"Timeless Tips for Building a Strong Family" I, II (Rob and Dianne Parsons) • 1000767 •

Based on Rob's book *The Sixty Minute Family: An Hour to Transform Your Relationships Forever*, the Parsons share poignant stories about the value of making time for loved ones. They explain how the parent-child relationship benefits when parents let go of their children — and how kids find strength when they're allowed to face difficult challenges.

"When God Speaks Through Your Children" I, II (Dr. Dan Allender) • 1000687 •

Based on his book *How Children Raise Parents*, Allender explains how God purposes to reveal Himself to parents through their children — as much as, if not more than, He intends for parents to teach their children about Him.

CDs FOR FATHERS

"Being a Champion to Your Wife and Kids" I, II (Carey Casey) • 1000631 •

Casey, the CEO of the National Center for Fathering and a former NFL chaplain, offers advice and encouragement in a discussion based on his book *Championship Fathering: How to Win at Being a Dad*.

"Fatherhood Fears & Fun" I, II (Phil Callaway) • 5008877 •

With compelling humor and a sobering reminder about the importance of godly fatherhood, Callaway stresses the need for grace, understanding, a yielded attitude, and a successful walk with Jesus in order to be the kind of dad children need.

"Hooray for Dad" I, II (Ken Davis) • 1000631 •

Well-known speaker Ken Davis uses comical illustrations and heartfelt stories to remind dads everywhere why it's so important to spend time with their children, use kind words, and live a life committed to Christ.

"Leaving a Legacy for Your Family" I, II (Greg Vaughn) • 5008466 •

When Greg Vaughn's father died, Greg realized he didn't possess anything that communicated his dad's love. Wanting his own children's experience to be far different, he began writing letters to each of them saying how much he loved them.

"New Dads: Embracing the Journey Ahead" I, II (John Fuller) • 1000744 •

Focus on the Family broadcast co-host John Fuller offers practical advice from his book, *First Time Dad*, such as how to avoid common mistakes, nurture the marriage relationship, and set priorities.

"The Vital Role of Fathering" I, II (Josh McDowell) • 5008595 •

In a thought-provoking and moving presentation, Josh McDowell discusses the important role a father plays in his child's life and how the quality of that relationship affects the child's beliefs, values, and behavior — both now and later in life.

"When Dad Is Missing" (Glenn Stanton, Brad Rhoads) • 5008974 •

Stanton and Rhoads discuss the effects of growing up without a father, the power of mentoring, and how fathers can significantly impact the next generation.

“Winning Strategies for Successful Fathering” I, II (Carey Casey) • 534899 •

Casey offers practical advice and encouragement for every dad to be involved in their children’s lives and love them unconditionally.

CDs FOR MOTHERS

“Becoming a Mom with a Mission” (Helen Lee) • 1000768 •

In a discussion based on her book *The Missional Mom: Living with Purpose at Home and in the World*, Lee encourages moms to consider how they can advance God’s Kingdom beyond the walls of their home. Learn how to parent your children with the goal that they’ll become disciples of Christ and then make disciples of others.

“The Boisterous Adventure of Raising Boys” (Jean Blackmer) • 1000710 •

In this light-hearted interview based on her book *Boy-sterous Living: Celebrating Your Loud and Rowdy Life with Sons*, Blackmer offers suggestions about communicating with boys and explains how to instill a servant’s heart to help prepare them for future leadership roles.

“Bringing Joy Back to Motherhood” (Julie Barnhill) • 1000596 •

Barnhill, author of *Guilt-Free Motherhood* and *Motherhood: The Guilt That Keeps on Giving*, offers encouragement and advice to help moms overcome unreasonable expectations and find new joy in their parenting journey.

“Encouraging Advice for Young Moms” I, II (Shelly Radic) • 1000646 •

Radic, author of *Momology: A Mom’s Guide to Shaping Great Kids*, offers encouragement and advice, reminding moms that God is an ever-present help and that He has equipped them for the special role they have in their children’s lives.

“Helping Your Husband Be a Courageous Father” I, II (Dr. Juli Slattery) • 1000802 •

Christian marriages are to be shining examples to the world of how husbands and wives interact with and encourage each other. Psychologist and author Dr. Juli Slattery explains how a wife can support her husband in his role as a father.

“Jesus: A Real Friend for Real Moms” (Jill Savage) • 1000577 •

Savage encourages moms to remember that Jesus can relate to the challenges they face — and she discusses the importance of establishing healthy boundaries with kids, so the marriage relationship can thrive. Also learn how to be intentional about finding rest and how to benefit from the support of other moms.

“Mommy Stress: Finding Peace in Your Parenting Journey” (Lysa TerKeurst) • 1000717 •

If you struggle with guilt, stress, and worry, be encouraged by the advice TerKeurst — president of Proverbs 31 Ministries — offers from her book *Am I Messing Up My Kids?*

“The Power of a Mother’s Prayers” (Fern Nichols, Jody Gloor, Kathy Kilmann) • 1000789 •

Nichols, founder of Moms in Touch International, joins with Gloor and Kilmann to share stories of their own experiences as moms who needed the fellowship of others in prayer. They urge moms to find at least one other mother to pray with on behalf of their children, schools, and teachers.

“Shattering the Popular Myths of Parenting” I, II (Leslie Leyland Fields) • 1000787 •

Based on her book *Parenting Is Your Highest Calling (And 8 Other Myths That Trap Us in Worry and Guilt)*, Fields shares how she found freedom in Christ, learned how to release her children to God, and allowed Him to work in their lives.

“Sound Advice for Working Moms” I, II (Sabrina O’Malone) • 1000806 •

O’Malone believes that the only way to be both a great mom *and* a great employee is to glorify God in each of these areas. Be encouraged to find balance as a working mom so you can maximize your effectiveness at home and in the office.

“Tackling the Tough Questions of Motherhood” (Jill Savage) • 1000678 •

A mother’s sense of identity can be deeply rooted in her role as a parent because her world seems to revolve around her children — so much so that her relationship with her husband and friends can suffer. Savage, founder and director of Hearts at Home, offers encouragement and helpful insights about how to achieve a healthy balance.

PARENTING DVDs

“Bringing Up Boys Parenting DVDs” with Dr. James Dobson • 970403 •

4 DVDs & Participant’s Guide • Approximately 8 hours running time

This video seminar, created for home use, provides encouragement and information on raising boys from a biblical perspective and covers essential areas like affirming boys’ masculinity, the impact of fathers on sons, advice for single moms, and more.

“Essentials of Parenting: Equipping Kids to Face Today’s World” by Focus on the Family • 976054 •

This small group study for parents of tweens and teens focuses on equipping kids to face the dangers in today’s world. Experts Dr. Archibald Hart, Dr. Del Tackett, and Glenn Williams present practical plans for dealing with Internet porn, alcohol and drug abuse, eating disorders, and premarital sex. Don’t overprotect your children — prepare them.

“Essentials of Parenting: The Power of Love: Building Relationships That Work” by Focus on the Family • 975668 •

Parents with children aged 2-12 will learn that when it comes to passing on your faith and values, a good relationship with your son or daughter is the most important key.

“Essentials of Parenting: Raising Kids with a Faith That Lasts” by Dr. Greg Smalley • 976047 •

Hosted by popular counselor and author Dr. Greg Smalley, *Raising Kids with a Faith that Lasts* features top parenting mentors such as Larry Fowler, Reverend Mark Holmen, and Dr. Tim Kimmel. The six lessons on this DVD cover topics such as introducing your child to faith, creating a faith plan for your family, and assessing the spiritual needs of your children.

“Your Child DVD Parenting Seminar: Essentials of Discipline: Home Edition” with Dr. James Dobson • 973623 •

3 DVDs & Parent’s Guide •

Based on his time-tested best sellers, Dr. Dobson tackles the subject of discipline through discussion, animation, and man-on-the-street interviews.

PARENTING WEBSITES

Focus on the Family Parenting Forum

- <https://www.focusonlinecommunities.com/community/parenting>

Share your parenting experiences and offer encouragement and support to others through our community message boards.

Focus on the Family Website: Parenting Section

- <http://www.focusonthefamily.com/parenting.aspx>

This area of our website offers various articles and resources on topics such as emotions, parenting challenges, sexuality, and schooling.

“Plugged In” (Focus on the Family)

- <http://www.pluggedin.com/>

This online magazine for parents comments on today’s youth culture including media, music, and other forms of entertainment.

PARENTING RESOURCE LISTS

“Children and Divorce” • RL041A • Complimentary

“Christian Growth for Children and Teens” • RL022A • Complimentary

“Parents of Troubled Teens” • RL058A • Complimentary

“Single-Parenting and Blended Families” • RL017A • Complimentary

“Youth Workers and Parents of Teens” • RL066 • Complimentary

PARENTING REFERRALS

FamilyLife

P.O. Box 7111

Little Rock, AR 72223

501/223-8663

501/224-2529 — Fax

800/FL-TODAY (358-6329)

<http://www.familylife.com> — Website

- This ministry of Campus Crusade for Christ offers articles, broadcasts, and other resources to help you in your parenting journey.

National Center for Fathering

P.O. Box 413888

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