



## RESOURCE LIST: SINGLES

The resources listed below are in alignment with Focus on the Family's philosophy and mission. We trust you will find them helpful. If you would like to obtain any of these items, simply call our toll free number 1-800-A-FAMILY. You can also visit our Family Store at [www.family.christianbook.com](http://www.family.christianbook.com).

### BOOKS

**THE 10 COMMANDMENTS OF DATING** by Ben Young and Samuel Adams (Thomas Nelson) • 60598 •

This book contains ten time-tested suggestions for avoiding the pitfalls of modern dating while creating healthy relationships with others.

**AM I THE ONE? CLUES TO FINDING AND BECOMING A PERSON WORTH MARRYING** by James R. Lucas (B & H Publishing) • 2573X •

Learn to build a solid foundation, face the realities of relationships and marriage, recognize the right match for a good marriage, and take a serious look at your current stage in life.

**AND THE BRIDE WORE WHITE: SEVEN SECRETS TO SEXUAL PURITY** by Dannah Gresh (Moody) • 83442 •

Using interviews, stories, and her personal diaries, Gresh addresses many facets of sexual purity. She exposes lies about sex, explains how to break off sinful relationships, and provides guidelines for healing.

**BEFORE YOU LIVE TOGETHER** by David Gudgel (Gospel Light) • 32526 •

An increasing number of couples who marry live together before the wedding. This book presents a compelling, loving, and biblical response that shows how God's original blueprint for marriage is still the best.

**BOUNDARIES IN DATING** by Dr. Henry Cloud and Dr. John Townsend (Zondervan) • 00342 •

Setting healthy boundaries in dating can make the journey from singleness to marriage safer, more freeing, and more self-controlled. This book helps singles handle relationships in an honest way — bringing pleasure rather than heartache.

**BOY MEETS GIRL: SAY HELLO TO COURTSHIP** by Joshua Harris (Multnomah) • 521676 •

In part one of this book, Harris defines the basic principles of courtship. Part two deals with practical issues as courtship unfolds so couples can grow closer while guarding their hearts. Part three concludes with how to move toward marriage in a God-honoring way.

**DEFINE THE RELATIONSHIP: A CANDID LOOK AT BREAKING UP, MAKING UP, AND DATING WELL** by Jeramy and Jerusha Clark (Random House) • 65928 •

Every romantic relationship gets to the point where it needs to be defined. Learn how to communicate your feelings and expectations in an honest, God-honoring way.

**DID I KISS MARRIAGE GOODBYE? TRUSTING GOD WITH A HOPE DEFERRED** by Carolyn McCulley (Crossway) • 45791 •

Through personal anecdotes and careful examination of Scripture, McCulley challenges single women to regard their singleness as a gift from God that allows them to perform a unique role in the Church body.

**FINDING THE RIGHT ONE FOR YOU: SECRETS TO RECOGNIZING YOUR PERFECT MATE** by H. Norman Wright (Harvest House) • 921435 •

Wright helps people make choices than can lead to the kind of marriage they've always longed for, and he offers answers to questions singles often ask: How can I know if I'm in love? Where do I find a lifelong partner? How do I recover from a broken relationship?

**FIRST COMES LOVE, THEN WHAT?** by Kimberly Blair (Focus on the Family/Tyndale) • 974487 •

Blair draws from her experience as a counselor to provide helpful examples for avoiding pitfalls and succeeding in the dating game. She explores essential topics for building healthy relationships — how to effectively communicate, how to manage expectations, and how to deal with conflict.

**THE FIVE LOVE LANGUAGES, SINGLES EDITION** by Gary Chapman (Northfield) • 273875 •

Your deepest emotional need is to feel loved, and your greatest successes will be obtained by loving others. Chapman shows how to do both effectively in situations unique to single adults as they interact with dating partners, roommates, classmates, co-workers, etc.

**GET MARRIED: WHAT WOMEN CAN DO TO HELP IT HAPPEN** by Candice Watters (Moody) • 458292 •

Watters encourages single women to live like they plan to get married, and she shows how to embrace Christian community and intentionally work toward a God-glorifying marriage.

**I KISSED DATING GOODBYE** by Joshua Harris (Multnomah) • 521358 •

This book is an honest look at the process of seeking a mate. Harris explains the problems with dating and outlines five attitude changes that can lead to “principled romance.”

**LIFE ON THE EDGE: TIMELESS INSIGHTS FOR A NEW GENERATION** by Dr. James Dobson (Tyndale) • 317441 •

Directed to readers between ages 16 and 26, Dr. Dobson offers invaluable information about marriage, career choices, and values at a critical time when young adults make decisions that shape the rest of their lives.

**LOVE MUST BE TOUGH** by Dr. James Dobson (Tyndale) • 317458 •

For those who seek a better understanding of the complex relationships between men and women, Dr. Dobson offers hope through the philosophy of tough love. Chapter 15, “Loving Toughness for Singles,” will be of special interest to the unmarried.

**NOW AND NOT YET: MAKING SENSE OF SINGLE LIFE IN THE TWENTY-FIRST CENTURY** by Jennifer Marshall (Multnomah) • 526491 •

You’ve read all the books and attended the seminars, but Mr. Right still doesn’t seem to be on the horizon. While you wait, learn to make this season of singleness one of contentment and purpose instead of a holding pattern.

**PASSION AND PURITY** by Elisabeth Elliot (Baker) • 58188 •

Very few books on dating have stood the test of time like *Passion and Purity*. Beloved author and speaker Elisabeth Elliot guides singles of both genders and of any age in putting their love lives under the authority of Jesus Christ.

**THE RING MAKES ALL THE DIFFERENCE: HIDDEN CONSEQUENCES OF COHABITATION AND THE STRONG BENEFITS OF MARRIAGE** by Glenn Stanton (Moody) • 402162 •

Most cohabiting couples view the arrangement as a step toward — or as a substitute for — marriage. But Stanton offers a compelling factual case that nearly every area of health and happiness is *increased* by marriage and *decreased* by cohabitation.

**SINGLE SERVINGS: 90 DEVOTIONS TO FEED YOUR SOUL** by Lee Warren (Baker) • 59478 •

Warren takes an honest look at the struggles and the benefits of singleness — never minimizing the realities of being single, but always pushing the reader to find ultimate satisfaction in Christ.

**THEY WERE SINGLE TOO: 8 BIBLICAL ROLE MODELS** by David Hoffeditz (Kregal) • 427762 •

The Bible holds many examples of adult singles who lived godly, biblical lives. Hoffeditz uses their examples to examine Scripture and encourage spiritual freedom for those in the midst of singleness.

**WHEN GOD WRITES YOUR LOVE STORY** by Eric and Leslie Ludy (Random House) • 421654 •

The Ludys share their experiences of the pain of one failed romance after another, until they finally trusted God to author their romance. They emphasize seeking hope, joy, security, wholeness, and fulfillment in Christ.

**WHEN I GET MARRIED: SURRENDERING THE FANTASY, EMBRACING THE REALITY** by Jerusha Clark (NAV Press) • 060564 •

Clark exposes destructive misconceptions about marriage and replaces them with biblical truth. Whether you’re single, married, or engaged, this book will challenge your thoughts and strengthen your relationships.

**WHERE HAVE ALL THE GOOD MEN GONE?** by A.J. Kiesling (Harvest House) • 920636 •

Kiesling uses stories, research, and observations from men to help single women understand their choices, their desires, and God’s heart for their lives. He also includes interviews with single women to help readers discover how to date in a godly, intentional way.

**WORLD WIDE SE@RCH** by Cheryl Green (Random House) • 68838 •

Do you have questions about finding a relationship online? This comprehensive manual provides the tools you need to make the most of the thousands of options for love or friendship available on the Internet — safely and biblically.

*CDs*

**“Cohabitation vs. Marriage: Why the Ring Matters”** (Glenn Stanton) • 1000811 •

Stanton, a family formation expert, discusses the rising trend of cohabitation and debunks the myth that unmarried couples should “test” their marital compatibility by living together.

**“Encouragement for the Single Life”** (Cheryl Martin) • 5008259 •

Martin shares the principles of first-class living for singles, such as pursuing God instead of hunting for a mate, honoring God in dating, and depending on Him to help overcome past relationship mistakes.

**“Intimacy with Jesus” I, II** (Dee Brestin and Kathy Troccoli) • 5008471 •

The love stories of the Bible reveal that we are Christ’s beloved. Brestin and Troccoli challenge women to have their lives transformed — by yearning for intimacy with Jesus even more than they desire closeness with an earthly mate.

**“Solomon on Romance” I, II** (Reverend Tommy Nelson) • 5008858 •

Nelson draws on the Song of Solomon’s rich imagery to convey wise principles about dating and courtship. He also discusses the signs of healthy and unhealthy romantic relationships and lists several things that should occur as a couple moves toward marriage.

**“Wedded Bliss: Fact or Fiction?” I, II** (Jerusha Clark) • 1000638 •

Clark exposes common misconceptions about marriage and encourages singles, especially women, to develop a biblical perspective. If you’re unmarried — or newly married and disappointed by unmet expectations — don’t miss this insightful discussion based on Clark’s book *When I Get Married: Surrendering the Fantasy, Embracing the Reality*.

*WEBSITES*

**Focus on the Family Website: Boundless Webzine**

• <http://www.boundless.org>

This website offers online articles and resources on many topics including relationships, faith, and career.

**Focus on the Family Website: Christian Singles**

• [http://www.focusonthefamily.com/faith/christian\\_singles.aspx](http://www.focusonthefamily.com/faith/christian_singles.aspx)

This website provides information and resources related to Christian singles.

*RESOURCE LISTS*

**“Materials for Men”** • RL024 • Complimentary

**“Pre-marital Materials”** • RL033 • Complimentary

**“Selecting a Mate”** • RL034 • Complimentary

**“Materials for Women”** • RL011 • Complimentary

*REFERRALS*

**The Singles Network Ministries**

2664 Timber Drive, Suite 307

Garner, NC 27529

919-434-3611

[Kris@TheSinglesNetwork.org](mailto:Kris@TheSinglesNetwork.org) — E-mail

<http://www.thesinglesnetwork.org> — Website

- Through consulting, speaking, conferences, seminars, leadership development activities and a website, this ministry helps churches, pastors, and single adult leaders develop and support their single adult ministries.

**Smalley Relationship Center** (Dr. Gary Smalley)

1482 Lakeshore Drive

Branson, MO 65616

417/335-4321

800/848-6329

417/336-3515 — Fax

[family@smalleyonline.com](mailto:family@smalleyonline.com) — E-mail

<http://smalley.cc/> — Website

- This organization offers seminars taught by Gary Smalley designed to help couples and singles learn to establish treasured and lasting marriage relationships.