



# Help Protect Your Children Online With These Ten Important Guidelines

1. Have open, honest discussions with your child about online safety and responsibility.
2. Put in place rules for being online and sign an Internet Safety Contract with your child.
3. Keep the computer in a centralized location so that you know when your child is online.
4. Never give out personal information or send personal materials on the Internet. This includes address, telephone number, name or location of their school, their parents' names or photographs.
5. Choose gender-neutral online names to protect the name and gender of your child.
6. Always inform parents when they come across anything that makes them uncomfortable. Parents can contact their Internet service provider to report any suspicious activity.
7. Never respond to messages or posts that are sexually obscene, threatening or make the child uncomfortable in any way. They should ignore the message and alert an adult to the situation.
8. Never, under any circumstance, agree to meet face-to-face with a stranger that was met online.
9. Be suspicious of anyone you meet online and understand that a person may not be who he says that he is.
10. Invest in Internet Filtering Software that allows you to know where your child is going online, who they are talking to and what they are saying.