

Broccoli-Rice Casserole

Recipe from Melanie Shankle

- **1 medium onion chopped and sautéed in 1/2 stick of butter**
- **2 packages of frozen, chopped broccoli**
- **1 can cream of mushroom soup**
- **1 cup cooked rice**
- **1 8oz jar of Cheez Whiz**
(personally I prefer the spicy Cheez Whiz)
- **Salt and pepper to taste**

**Combine all ingredients and bake at 350 in a greased
9 X 13 baking dish for 1 hour**