



## Resource List: Marital Challenges

The resources listed here align with Focus on the Family's philosophy and mission. Call us at 1-800-A-FAMILY, or visit our online store at [store.focusonthefamily.com](http://store.focusonthefamily.com). (Information is regularly updated, but it's still possible that an item originally available from Focus on the Family is now unavailable.) You might also be interested in content posted on our website at [focusonthefamily.com](http://focusonthefamily.com).

### Included

[Books](#)  
[Broadcasts](#)  
[Webpages, Q&As, and Resource Lists](#)  
[Referrals](#)

### Books

**6 Secrets to a Lasting Love** by Dr. Gary and Mrs. Barbara Rosberg (2007) • 9781414312101 •

"Recapturing Your Dream Marriage"

**8 Important Money Decisions for Every Couple** by Russ Crosson (2013) • 9780736946223 • (not currently available through Focus on the Family)

"Discover Financial Harmony, Communicate Through Your Differences, Build a Stronger Relationship"

**Alone in Marriage** by Susie Larson (2007) • 9780802452788 •

"Encouragement for the Times When It's All Up to You"

**The Argument-Free Marriage** by Fawn Weaver (2015) • 9781400205066 •

"28 Days to Creating the Marriage You've Always Wanted With the Spouse You Already Have"

**Before the Last Resort** by George Kenworthy (2014) • 9781602007215 •

"3 Simple Questions to Rescue Your Marriage"

**Between Heaven & the Real World: My Story** by Steven Curtis Chapman (2017) • 9780800726881 •

Chapman transparently tells his story—the lows as well as the highs. His reflections are a powerful testament to Christian commitment in marriage.

**Beyond Ordinary: When a Good Marriage Just Isn't Good Enough** by Justin and Trisha Davis (2012) • 9781414372273 •

The Davises' marriage and ministry were nearly destroyed because they didn't recognize warning signs. But God restored their marriage and strengthened their relationship.

**Boundaries in Marriage** by Dr. Henry Cloud and Dr. John Townsend (2002) • 9780310243144 •

"Understanding the Choices That Make or Break Loving Relationships"

**Close Calls!** by Dave Carder (2008) • 9780802442116 • (not currently available through Focus on the Family)

"What Adulterers Want You to Know About Protecting Your Marriage"

**Dancing With the One You Love: Living Out Submission in the Real World** by Cindy Easley (2010) • 9780802441645 •

"Living Out Submission in the Real World"

**Desperate Marriages** by Gary Chapman (2008) • 9780802475527 •

"Moving Toward Hope and Healing in Your Relationship"

**Every Reason to Leave** by Vicki Rose (2014) • 9780802406552 •

“And Why We Chose to Stay Together”

**Fight Your Way to a Better Marriage** by Dr. Greg Smalley (2013) • 9781451669190 •

“How Healthy Conflict Can Take You to Deeper Levels of Intimacy”

**Healing the Hurt in Your Marriage** by Dr. Gary and Mrs. Barbara Rosberg (2004) • 9781589971042 •

“Beyond Discouragement, Anger, and Resentment to Forgiveness”

**Hope Heals** by Jay and Katherine Wolf (2016) • 9780310344544 •

“A True Story of Overwhelming Loss and Overcoming Love”

**How to Act Right When Your Spouse Acts Wrong** by Leslie Vernick (2009) • 9780307458490 •

Even in the best of marriages, conflict happens. Learn to see your spouse and your marriage from an eternal perspective, and find tools to help you respond wisely when you’ve been wronged.

**I Don’t Love You Anymore** by David Clarke (2002) • 9780785265153 •

“What to Do When He Says, I Don’t Love You Anymore: An Action Plan to Regain Confidence, Power, and Control”

**The Imperfect Marriage** by Darryl and Tracy Strawberry (2015) • 9781476738772 •

“Help for Those Who Think It’s Over”

**Intimate Allies** by Dan Allender, Ph.D., and Tremper Longman (1999) • 9780842318242 •

“Rediscovering God’s Design for Marriage and Becoming Soul Mates for Life”

**A Lasting Promise** by Scott Stanley, Daniel Trathen, Savanna McCain, and Milt Bryan (2014) • 9781118672921 •

“A Christian Guide to Fighting for Your Marriage”

**Love Must Be Tough: New Hope for Marriages in Crisis** by Dr. James Dobson (2007) • 9781414317458 •

Dobson offers hope for troubled or abusive marriages, victims of infidelity, and others on the brink of divorce.

**The Marriage Builder** by Larry Crabb (2013) • 9780310336877 •

“Creating True Oneness to Transform Your Marriage”

**Marriage Under Cover** by Bob and Audrey Meisner (2005) • 2350000000974 •

“Thriving in a Culture of Quiet Desperation”

**Married but Lonely** by David Clarke, Ph.D. (2013) • 9781616386986 •

“Stop Merely Existing—Start Living Intimately: Seven Steps You Can Take With or Without Your Spouse’s Help”

**The Meaning of Marriage** by Timothy Keller (2011) • 9781594631870 •

“Facing the Complexities of Commitment With the Wisdom of God”

**Men and Women: Enjoying the Difference** by Larry Crabb (2013) • 9780310336884 •

Crabb points out that we’re all prone to selfishness. But as husbands and wives learn to honor their differences and consider how they complement each other, they can become “other-centered” and find deeper fulfillment.

**A New Season** by Al and Lisa Robertson (2015) • 9781476773209 •

“A Robertson Family Love Story of Brokenness and Redemption”

**No More Perfect Marriages** by Mark and Jill Savage (2017) • 9780802414939 •

“Experience the Freedom of Being Real Together”

**Nothing to Hide** by Joann Condie • Focus on the Family online booklet

“Hope for Marriages Hurt by Pornography and Infidelity”

**One More Try** by Gary Chapman (2014) • 9780802411518 •

“What to Do When Your Marriage Is Falling Apart”

**The Surprising Way to a Stronger Marriage** by Michael and Amy Smalley (2010) • 9781589975606 •

The Smalleys show you how to stop the blame game and have realistic expectations—even when your spouse doesn’t.

**Surviving a Spiritual Mismatch in Marriage** by Lee and Leslie Strobel (2002) • 9780310350354 •

“Hope for Christians Married to Someone Who Doesn’t Know God”

**Uncommon Marriage** by Tony and Lauren Dungy (2014) • 9781414383705 •

“Learning About Lasting Love and Overcoming Life’s Obstacles Together”

**Unfaithful** by Gary and Mona Shriver (2009) • 9781434765338 •

“Hope and Healing After Infidelity”

**The Wholehearted Marriage** by Dr. Greg Smalley and Dr. Shawn Stoeber (2009) • 9781416544821 •

“Fully Engaging Your Most Important Relationship”

**Winning Him Without Words** by Dineen A. Miller and Lynn Donovan (2011) • 9780800724924 •

“10 Keys to Thriving in Your Spiritually Mismatched Marriage”

**Yes, Your Marriage Can Be Saved** by Joe and Michelle Williams (2007) • 9781589973817 •

“12 Truths for Rescuing Your Relationship”

**Your Time-Starved Marriage** by Drs. Les and Leslie Parrott (2006) • 9780310346180 • (not currently available through Focus on the Family)

“How to Stay Connected at the Speed of Life”

### Broadcasts

**Addressing Heartache in Marriage** (Dr. Dan Allender) • 9781624714436 •

Sharing thoughts from his book *Intimate Allies*, Allender encourages husbands and wives to address relational struggles head on and to draw strength, nourishment, and courage from each other.

**Arguing Well in Your Marriage** (Dr. Scott Stanley) • 9781624719530 •

Stanley looks at disagreements from two points: what to steer clear of (such as stonewalling), and what healthy arguing looks like (such as scheduling a later time to discuss concerns when you’re both rested and level-headed).

**Asking God to Save Your Marriage** (Dr. George Kenworthy) • 9781624710896 •

Learn the difference between the *world’s* view of happiness in marriage (that it’s “all about me”) and *God’s* view of unselfish love. Work through conflict, and keep the Lord at the center of your relationship.

**Avoiding the Chore War** (Dr. Greg and Mrs. Erin Smalley) • 9781624716751 •

When each spouse owns 100 percent of the responsibility in creating a positive home environment—and their expectations are understood by each other—both will feel they’ve reached a win-win situation.

**Building a Marriage That Lasts** (Tony and Lauren Dungy) • 9781624716379 •

The Dungys share a candid glimpse of their personal life and how their marriage of 30-plus years survived Tony’s NFL career, parenting, adoption, and all the joys and hardships along the way.

**Building a Marriage That Will Go the Distance** (Dr. Gary and Mrs. Barbara Rosberg) • 9781624717284 •

The Rosbergs offer biblically based insights from their book *6 Secrets to a Lasting Love*. They discuss how couples can work through times of conflict and find hope as they pray and read God’s Word together.

**Building True Oneness in Marriage** (Dr. Larry Crabb) • 2350000006686 •

Many Christian couples become disillusioned and disappointed—but you don’t have to stay that way. Crabb helps husbands and wives get to the root of the problem, and he points to God’s desire for joy and true oneness in marriage.

**Celebrating God Through Marriage, Faith, and Music** (Steven Curtis and Mary Beth Chapman) • 2350000010843 •

The Chapmans talk about the highs and lows they’ve experienced as a couple and as parents. They share a message of hope and perseverance for all husbands and wives wanting to trust God in life’s darkest valleys.

**Changing Your Marriage Through the Power of One** (Michael and Amy Smalley) • 9781624717611 •

Admitting your mistakes can go a long way toward stemming unhealthy conflict, perhaps even avoiding it altogether. The Smalleys offer insight from their book *The Surprising Way to a Stronger Marriage: How the Power of One Changes Everything*.

**Communicating to Achieve Financial Harmony** (Russ and Julie Crosson) • 2350000009489 •

The Crossons explain how couples can overcome challenges that result from different perspectives on managing money.

**Connecting With Your Spouse and God** (Dr. Scott Stanley) • 9781683320289 •

Stanley helps couples understand God’s desire for their marriage and offers suggestions for developing a deeper spiritual intimacy to persevere through life’s trials.

**Cultivating Commitment in Your Marriage** (Dr. Greg and Mrs. Erin Smalley) • 2350000009526 •

With personal stories and humor, the Smalleys reflect on the importance of marital commitment. Learn to strengthen relational endurance and conflict resolution skills.

**Embracing Imperfections in Your Marriage** (Mark and Jill Savage) • 2350000010782 •

The Savages openly discuss marital struggles they've had. They share valuable lessons for other couples who want to avoid the same mistakes.

**Energizing Your Marriage With Love and Respect** (Dr. Emerson and Sarah Eggerichs) • 9781624715730 •

One of a wife's deepest needs is love, and one of a husband's deepest needs is respect. When these aren't met, couples often enter what Eggerichs calls the "crazy cycle" of conflict. Learn how to break the cycle—and avoid it in the first place.

**Engaging Wholeheartedly in Your Marriage** (Dr. Greg and Mrs. Erin Smalley, Dr. Shawn and Mrs. Christina Stoeber) • 9781624713187 •

In times of conflict, couples might find their hearts shutting down. Learn how you and your spouse can love and trust each other wholeheartedly, even in the midst of struggles.

**Establishing Healthy Boundaries in Your Marriage** (Dr. John Townsend, Dr. Henry Cloud) • 9781624711824 •

Using biblically based principles, Cloud and Townsend talk about boundaries in marriage that will benefit both spouses in the long run. Hear tips for dealing with conflict, adultery, forgiveness, and how to know if you can trust your spouse again.

**Examining Your Part in a Difficult Marriage** (Darryl and Tracy Strawberry) • 9781624719554 •

Darryl tells about his success as a major league baseball player and subsequent problems with substance abuse. He had two failed marriages, as well as several stints in rehab. He met Tracy at Narcotics Anonymous; they've been married since 2006 and speak about redemption through Christ.

**Experiencing a Fulfilled Marriage** (Patricia Ashley) • 2350000009717 •

Ashley shares a dynamic message of how God restored her marriage. Marital fulfillment can be found when husbands and wives seek the Lord together and follow *His* design for marriage.

**Fighting As a Team in Marriage** (Dr. Greg Smalley) • 9781624712715 •

Smalley helps husbands and wives learn to handle disagreements and fight as a team *for* a stronger marriage. Choose your battles carefully, communicate accurately, and be slow to anger but quick to listen and forgive.

**Fighting for a Stronger Marriage** (Dr. Greg Smalley) • 9781683320128 •

Sharing from his book *Fight Your Way to a Better Marriage*, Smalley explains why conflict in marriage can be a good thing. Poorly managed conflict tends to bury the real issues—but when handled well, it can lead to deeper levels of intimacy.

**Finding Restoration When Love Is Gone** (Dr. David Clarke) • 9781624719240 •

Clarke discusses how couples can navigate marital crises and restore lost love. He explores some of the reasons husbands and wives drift apart and how to regain lost self-worth if your spouse says they don't love you.

**Finding Unexpected Blessings in Marriage** (Martin and Laura Elvington, aka Laura Story) • 2350000010638 •

Laura and Martin discuss how God strengthened their faith and relationship after Martin was diagnosed with a brain tumor early in their marriage.

**God Used Our Friends and Family to Save Our Marriage** (Jeremy and Tiffany Lee) • 9781624719615 •

The Lees (Tiffany goes by "Plumb" in the music world) share about their early years of marriage and building a family—and about the circumstances that led to their separation. But God worked in both of their hearts, and with the help of Christian counseling and the support of Christian friends, they renewed their marriage vows.

**Guarding Your Married Heart** (Dr. Gary Smalley, Dr. Greg Smalley) • 9781624711589 •

Father and son discuss common problems in marriage such as past wounds, misunderstandings, and different expectations about sexual intimacy. Learn how God's Word can replace lies that harm your marriage.

**Harnessing Your Strength to Transform Your Marriage** (LeRoy and Kimberly Wagner) • 2350000007751 •

The Wagners share how God transformed their broken marriage as they addressed Kim's fierceness. They mention ways women unknowingly emasculate their husbands and how to change that behavior.

**Healing Our Hurting Marriage** (Pastor Paul and Mrs. Melody Westbrook) • 9781624719059 •

The Westbrooks talk about their marriage, which was almost destroyed by his addiction to work and her suppressed feelings of loneliness and anger. They talk about the intensive counseling provided by [Focus on the Family's Hope Restored®](#), and they encourage other couples who might be struggling.

**Healing Marriages One Couple at a Time** (Mark and Angie Pyatt) • 9781624718564 •

The Pyatts had a family and full lives. Then, in 1989, Angie said she didn't love Mark anymore. They found help and counseling at [Focus on the Family's Hope Restored®](#), which transformed their lives and marriage.

**Healing the Wounds in Your Family** (Drs. Tom and Beverly Rodgers) • 9781624715051 •

The Rodgers share from their own struggles in the early years of marriage and their desire to help couples and families overcome past wounds.

**Hope for Every Marriage** (Jeff and Cheryl Scruggs) • 9781624712081 •

The Scruggs share about their initial marriage, Cheryl's discontent and affair, and the couple's divorce. As they began seeking the Lord independently, He called them both to forgiveness—and remarriage to each other. They caution about the importance of communication, and they encourage others with the truth of God's gracious love.

**Hope for Parents of Premature Babies** (Kayla Aimee) • 2350000010386 •

Aimee discusses her experience giving birth to her daughter, born at 25 weeks. In the midst of fears for her baby's survival, Aimee's faith and marriage were strengthened.

**How to Fight Fair** (Drs. Les and Leslie Parrott) • 9781624714825 •

Conflict exists even in strong marriages. The Parrotts discuss how to fight a good fight. Four red flags of destructive fighting are criticism, defensiveness, contempt, and stonewalling.

**How Mentoring Saved Our Marriage** (Tom and Sandy Ralya) • 2350000006136 •

The Ralyas appeared to have it all together. But Tom was proud and controlling, and Sandy was wounded and angry. Here they share their journey of separation after 11 years—and how the Lord and good mentoring saved their marriage.

**How Our Marriage Survived Cancer** (Travis and Mary Swiers) • 9781624714955 •

Selfishness and lack of communication led the newly married Swiers to file for divorce. Shortly afterward, Mary discovered she had ovarian cancer. Here they share how this tough road of cancer actually saved their marriage.

**Improving Marriage After the Empty Nest** (Dr. Bob and Mrs. Cheryl Reccord) • 9781624711978 •

The empty-nest season brings joys *and* challenges. Learn to draw closer together during this time so you can move forward with renewed fulfillment and purpose.

**Keeping Priorities Straight in Your Marriage** (Jill Savage) • 9781624714207 •

Savage lived through a time when she put her marriage on the back burner and put her kids first. Learn how her family began to thrive after she found balance with proper priorities and a strong foundation in the Lord.

**Making Marriage Work in a Social Media World** (Jim Daly, John Fuller) • 9781624711367 •

Social media has its place, but it can also have a negative impact on marriage. Learn where to draw the line on how much time you spend with these tools—and how to define online relationships—so you can safeguard your marriage.

**Making Your Marriage a High Priority** (Kirk and Chelsea Cameron) • 2350000002350 •

The Camerons describe how their marriage was threatened by competing priorities of marriage, children, career, ministry, friends, and hobbies. They share tips to help couples guard their relationship.

**Managing Expectations in Marriage** (Dr. Greg Smalley) • 9781624712975 •

Smalley relates stories from his own marriage and answers questions about marital expectations and the frequent disillusionment that often follows. He shares wisdom about developing and maintaining strong communication, and he delves into some of the deeper issues behind potential conflicts.

**Managing Marriage Conflicts in Healthy Ways** (Dr. Greg and Mrs. Erin Smalley) • 2350000011147 •

The Smalleys explain how conflict, when handled well, can actually strengthen a marriage. Learn to navigate disagreements in a way that leads to intimacy instead of division.

**Moving Beyond Ordinary in Your Marriage** (Justin and Trisha Davis) • 9781624715112 •

The Davises met in a Christian college and ministered together. But their marriage spiraled, and Justin had an affair. Eventually, Justin revealed that he had been sexually abused as a boy and was addicted to pornography. The Davises left the ministry, worked on their marriage, and now equip churches and pastors to build healthy marriages and families.

**Moving From Loneliness to Intimacy in Your Marriage** (Dr. David Clarke) • 2350000006471 •

Clarke addresses the pain and frustration caused by loneliness in marriage, and he offers practical things husbands and wives can each do to heal this problem.



**Navigating the Common Challenges of Marriage** (Dr. Gary Chapman) • 2350000005412 •

Learn to request change after first taking responsibility for your own behavior, deepen your relationship through acts of love that speak to your spouse, make sense of schedules once kids come along, and live out a covenant marriage that pleases God.

**Overcoming Selfishness in Marriage** (Dr. Henry Cloud, Dr. John Townsend) • 9781624717338 •

God's design for marriage is more about our spiritual growth than our happiness—about teaching us to put the needs of others before our own.

**Overcoming the Obstacles of Infidelity** (Drs. Rob and Audrey Meisner) • 2350000011284 •

The Meisners share how their seemingly “perfect” marriage was nearly destroyed by an affair. They offer hope to couples damaged by infidelity as they describe how God's grace led them along the hard road to reconciliation.

**Owning Your Faults and Loving Your Spouse** (Dr. Gary Chapman) • 2350000007171 •

Chapman discusses the importance of taking ownership of *your* faults within marriage. Learn how daily actions can make a big difference over time, and understand the importance of speaking your spouse's love language.

**The Power of Unconditional Respect in Marriage** (Nina Roesner) • 9781624715556 •

Roesner describes how she stopped fixating on her husband's perceived failures and instead focused on her relationship with God, learning how to respect her husband according to God's Word.

**Practical Advice for Strong-Willed Wives** (Dr. Debbie Cherry) • 9781624712937 •

Cherry shares her journey of working through her strong-willed personality in a way that honors both God and her husband. She talks about common myths surrounding submission, and offers practical and spiritual insights for *living it*.

**Practical Help for Stressed-Out Marriages** (Jim Daly, Dr. Juli Slattery, John Fuller) • 9781624711015 •

Marriages face numerous pressures—marriage, parenting, careers, friends, and ministry. But there *are* practical ways you can keep your traditional marriage vows in a non-traditional world.

**Reclaiming Hope and Safety in a Destructive Marriage** (Leslie Vernick) • 9781624715273 •

Sharing from her own life experience and years of counseling, Vernick explains how to identify various types of abusive relationships that women, in particular, may experience—and how to find safety and healing.

**Rediscovering the Marriage of Your Dreams** (Dr. Greg and Erin Smalley) • 9781624717161 •

The Smalleys explain how they found renewed joy and fulfillment after being “stuck” in a seemingly endless cycle of unhealthy conflict.

**Reducing Conflict in Marriage** (Fawn Weaver) • 2350000010461 •

Reduce conflict by making small, intentional changes: identify original emotions, time your discussions, follow basic rules of engagement with your spouse, and more.

**Re-Evaluating the Health of Your Marriage** (Bob and Dannah Gresh) • 9781624710827 •

The Greshes share the story of their marriage, the challenges they've faced, and how they've dealt with past sexual baggage. They also discuss how they've learned to limit busyness and fix unhealthy boundaries between ministry and personal time.

**Re-Investing in Your Marriage: The Key to a Stronger Family** (Dr. Gary Smalley, Pastor Ted Cunningham) • 9781624713347 •

Smalley and Cunningham offer advice on re-building intimacy when couples have let their kids become a higher priority than their marriage.

**Resolving Anger in Your Marriage** (Pastor Ted Cunningham) • 9781624718076 •

Cunningham explores anger and its causes. Expectation is often tied to anger, so we should serve without the expectation of return. He also shares how best to offer apologies in word *and* action.

**Respect: A Marriage Essential** (Dr. Emerson Eggerichs) • 2350000009953 •

Eggerichs explains how the marital bond is weakened by The Crazy Cycle, a pattern of conflict that starts with misunderstanding and disrespect. Learn to break that cycle and re-strengthen your bond.

**Responding Well in Marital Conflict** (Leslie Vernick) • 9781624712531 •

Nobody's perfect, and no marriage is perfect. But even in times of hurt, anger, or irritation, it's possible to react in ways that are loving and godly.

**Restoring Your Marriage Through Healthy Conflict** (Gary and Barbara Rosberg) • 9781624713828 •

Based on their book *Healing the Hurt in Your Marriage*, the Rosbergs talk about the inevitable conflict that arises in marriage, the various styles of conflict, and how to approach conflict in a positive way.

**Staying Committed Through the Rough Seasons of Marriage** (Pastor Al and Mrs. Lisa Robertson) • 9781624719936 •

The Robertsons (of *Duck Dynasty* fame) share how God helped them work through difficult challenges to redeem their relationship.

**Staying Together When Tragedy Strikes Your Marriage** (Jay and Katherine Wolf) • 2350000010263 •

The Wolfs describe how God's grace has sustained their marriage and family since Katherine suffered a massive, debilitating brainstem stroke in 2008.

**Staying Together When You Feel Like Leaving** (Bill and Vicki Rose) • 9781683320067 •

The Roses were trying to live the high life in Manhattan. They had little in common—and drug abuse, affairs, and their focus on careers only made things worse. They separated for several years, came to Christ, and God has sustained them now through nearly forty years of marriage.

**Thriving in an Unequally Yoked Marriage** (Lynn Donovan, Dineen Miller) • 9781624710933 •

Being married to an unbelieving spouse doesn't mean your marriage can't thrive. Donovan and Miller share from their own experiences, and they encourage wives to honor and respect their husbands, trusting God to work as He deems best.

**Weathering the Stormy Seasons of Marriage** (Jill Savage) • 9781624712296 •

Sharing stories from difficult seasons in their relationship, Savage offers what helped her and her husband nurture, protect, and restore their love. She encourages listeners not to give up with things get tough.

**When Your Spouse Says "I Don't Love You Anymore"** (Dr. David Clarke) • 9781624711473 •

Using tough love and a Matthew 18 model, Clarke believes that confronting sin in a wandering spouse's life is the only way to change their behavior or thinking. By confronting the sin first and the marriage second, couples can do the hard work of repentance—and then move toward healing and a relationship that can be stronger than it was before.

**Working Together As a Team in Your Marriage** (Dr. Joshua and Mrs. Christi Straub) • 2350000011109 •

The Straubs discuss the challenges that made them realize their need to become intentional about connecting with and supporting each other. Hear practical ideas to become "we-focused" instead of "me-focused."

**Focus on the Family**  
**Webpages, Q&As, and Resource Lists**

**Focus on Marriage Assessment**

- [focusonthefamily.com/marriage/focus-on-marriage-assessment-2](http://focusonthefamily.com/marriage/focus-on-marriage-assessment-2)

The Focus on the Family Marriage Assessment is designed to evaluate the strength of 12 essential traits of your marriage. Do you know your marriage's strengths and weaknesses?

**Marriage**

- [focusonthefamily.com/marriage](http://focusonthefamily.com/marriage)

This area of our website offers articles and resources related to building a strong marriage.

**Q&As**

- [focusonthefamily.com/family-q-and-a](http://focusonthefamily.com/family-q-and-a)

Browse our Q&As for advice and encouragement.

**Resource Lists**

- [focusonthefamily.com/family-q-and-a/resources-and-referrals](http://focusonthefamily.com/family-q-and-a/resources-and-referrals)

Find recommended resources and referrals listed by topic, including the following:

**Chronic or Terminal Illness** • RL059 •

**Family & Personal Finances** • RL004 •

**Marital Intimacy** • RL039 •

**Marriage in the Second Half of Life** • RL037 •

**Marriage Materials** • RL016 •

**Separation & Divorce** • RL041 •

**Special Needs & Disabilities** • RL007 •

## Referrals

### Focus on the Family Counseling Consultation Line

If you're struggling and need someone to talk to, [Focus on the Family](#) offers a free phone counseling consultation with a [licensed counselor](#). Call 1-855-771-HELP (4357), Monday through Friday, 6:00 AM to 8:00 PM (MT). Our staff may need to call you back, but they'd love to speak with you.

### Focus on the Family's Christian Counselor Network

Search for licensed Christian counselors in your area: [FocusOnTheFamily.com/FindACounselor](http://FocusOnTheFamily.com/FindACounselor)

### Hope Restored® marriage intensives—a ministry of Focus on the Family

2175 Sunset Inn Road

Branson, MO 65616

866/875-2915

[hoperestored.focusonthefamily.com](http://hoperestored.focusonthefamily.com)

- Our intensive programs are held in a retreat setting and are designed to rebuild and restore marriages experiencing significant hurt.

### Cloud-Townsend Resources

18092 Sky Park South, Suite A

Irvine, CA 92614

800/676-4673

[cloudtownsend.com](http://cloudtownsend.com)

- Drs. Henry Cloud and John Townsend offer insight and solutions for life's challenges.

### Love and Respect Ministries

770 Kenmoor Avenue Southeast, Suite 101

Grand Rapids, MI 49546

616/949-9790

[loveandrespect.com](http://loveandrespect.com)

- This ministry offers materials, articles, and conferences to help you strengthen your marriage.

### PREPARE/ENRICH

Life Innovations

2660 Arthur Street

Roseville, MN 55113

800/331-1661

[prepare-enrich.com](http://prepare-enrich.com)

- This online relationship inventory and skill-building program is uniquely tailored to each couple.