



## Resource List: Single Parenting

The resources listed here align with Focus on the Family's philosophy and mission. Call us at 1-800-A-FAMILY, or visit our online store at [store.focusonthefamily.com](http://store.focusonthefamily.com). (Information is regularly updated, but it's still possible that an item originally available from Focus on the Family is now unavailable.) You might also be interested in content posted on our website at [focusonthefamily.com](http://focusonthefamily.com).

### Included

[Books](#)

[Broadcasts](#)

[DVDs](#)

[Webpages, Q&As, and Resource Lists](#)

[Referrals](#)

### Books

**[The 5 Love Languages of Teenagers](#)** by Gary Chapman (2010) • 9780802473134 •

Learn to understand the path your teen is traveling, how to handle their needs for independence and responsibility, and how best to love them during this season.

**[12 Huge Mistakes Parents Can Avoid](#)** by Tim Elmore (2014) • 9780736958431 •

Elmore considers the parenting examples of Moses, Bill Gates, and others to help you raise and guide responsible children who are confident in your love and in who God uniquely made them to be.

**[Dating and the Single Parent](#)** by Ron Deal (2012) • 9780764206979 •

Whether you're a single parent currently dating, or you're thinking about starting a new relationship, Deal can help you navigate the path—and make it one of blessing for your children.

**[Going It Alone: Meeting the Challenges of Being a Single Mom](#)** by Michele Howe (2000) • 9781565634527 •

Facing life as a single mom can feel overwhelming when the reality of separation, divorce, or widowhood sinks in. Howe offers practical, compassionate advice for single moms—and she encourages you to anchor yourself in the promises of God.

**[Growing Through Divorce](#)** by Jim Smoke (2007) • 9780736918152 •

This practical resource includes guidelines for facing the changes associated with divorce: accepting new roles, responsibilities, and relationships; single parenting; weekend parenting; and step-parenting.

**[My Single Mom Life: Stories & Practical Lessons for Your Journey](#)** by Angela Thomas (2008) • 9780785289555 •

Thomas encourages single moms with her well-learned lessons on parenting, finances, dating, loneliness, and guilt—and assures them that they *can* be healthy and strong parents.

**[Parenting on Your Own](#)** by Lynda Hunter (1997) • 9780310213093 •

Hunter answers questions related to custody, visitation, child support, conflict, setting goals, financial challenges, and more.

**[Raising Great Kids on Your Own](#)** by David and Lisa Frisbie (2007) • 9780736919418 •

Find tools and encouragement to help you care for yourself, nurture your children, and navigate tasks and relationships.

**[Raising Kingdom Kids](#)** by Tony Evans (2014) • 9781589977846 •

With simple steps toward intentional parenting, you can create a faith-filled home and instill biblical values in your children: wisdom, integrity, faith, resiliency, purity, and service.

**Raising Kingdom Kids Devotional** by Tony Evans (2015) • 9781624054099 •

90 devotions based on biblical principles help you encourage your children in their walk with God.

**She Calls Me Daddy** by Robert Wolgemuth (2014) • 9781589977853 •

Wolgemuth cites seven foundational principles for raising healthy girls and addresses topics including discipline, dating, humor, step-parenting, and single parenting.

**The Single Dad's Survival Guide** by Mike Klumpp (2003) • 9781578566709 •

Parenting alone can be daunting. Learn to succeed and be the dad your children need with useful pointers about daily challenges of finances, family schedules, household management, and emotions.

**Single Parenting That Works** by Dr. Kevin Leman (2006) • 9781414303352 •

"Six Keys to Raising Happy, Healthy Children in a Single Parent Home"

**When Happily Ever After Shatters: Seeing God in the Midst of Divorce & Single Parenting** by Susan Birdseye (2013)

• 9781589977341 •

In the wake of her husband's affair, Birdseye fought to save her marriage—only to have her husband abandon her and their five children. With honest compassion, she recounts her journey to encourage others on difficult topics such as adultery, forgiveness, anger, and loneliness—and to offer hope and healing that can only be found in Christ.

**When Parenting Isn't Perfect** by Jim Daly (2017) • 2350000000912 •

"Perfection is the enemy of parenting. ... As parents, we're called to simply do our best. And when we fail—which we will—we're called to try again tomorrow."

**Broadcasts**

**Dating Advice for the Single Parent** (Ron Deal) • 9781624711916 •

Deal offers single parents practical wisdom. He encourages them to have patience as they rely on God's wisdom to navigate the challenges of dating while raising children.

**Embracing the Messiness of Parenting** (Jim and Jean Daly) • 2350000010935 •

Jim wrote *When Parenting Isn't Perfect*. He and Jean share from their journey of parenting two boys about how to avoid perfectionistic expectations. Instead, inspire joy while encouraging good behavior.

**God's Loving Care for Single Moms** (Angela Thomas) • 9781624711169 •

Thomas had a Christian background and expected to enjoy a life-long marriage. Instead, she found herself as a divorced mother of four children. She recounts how God has been faithful to provide for her family and heal her brokenness, and she encourages single moms to rely on the Lord in *their* difficult seasons.

**Solid Advice for the Single Parent Home** (Elsa Kok Colopy) • 9781624713392 •

Be encouraged with advice about how to accept God's grace and successfully navigate the parenting journey as a single parent—from childrearing to cultivating friendships of your own.

**Striving to Be a Good Dad** (Jim Daly, John Fuller) • 9781624716324 •

Daly describes in detail the "father wound" he felt as a child and how he endeavored to overcome his upbringing to become a good dad for his two sons. He discusses what it takes to be a good dad, why men connect with their children through activity, and the significance of kept promises.

**Surviving Divorce and Single Parenthood** (Susan Birdseye) • 9781624712678 •

After 17 years of marriage and 5 children, Birdseye's husband left her for another woman. With transparency and grace, she describes the devastating effects of that choice on her and her children—and she shares of God's unending mercies in the midst of heartache and uncertainty.

## DVDs

### **The Blessing DVD-Based Conversation Kit** by Focus on the Family (2012) • 2350000000462 •

Dr. John Trent discusses five important aspects to raising children who know they're loved: appropriate touch, a spoken message, attaching high value, picturing a special future, and genuine commitment. The kit includes a participant's guide, a leader's guide, and material to help involve your entire church.

### **Raising Kids With a Faith That Lasts** by Focus on the Family (2011) • 9781589976047 •

Hosted by Dr. Greg Smalley, this six-session DVD series features top parenting mentors Larry Fowler, Reverend Mark Holmen, and Dr. Tim Kimmel covering topics such as introducing your child to faith, creating a faith plan for your family, and assessing the spiritual needs of your children.

### **The Power of Love: Building Relationships That Work** by Focus on the Family (2011) • 2350000000530 •

Parents with children ages 2 to 12 will learn that when it comes to passing on your faith and values, a good relationship with your son or daughter is the most important key.

### **Your Child DVD Parenting Seminar: Essentials of Discipline** by Focus on the Family (2006) • 9781589973626 •

Dr. Dobson tackles the subject of discipline through discussion, animation, and man-on-the-street interviews.

## Focus on the Family Webpages, Q&As, and Resource Lists

### **A Parent's Guide to Today's Technology**

- [media.focusonthefamily.com/free-downloads/pdf/TechDownload\\_redesign-jc.pdf](http://media.focusonthefamily.com/free-downloads/pdf/TechDownload_redesign-jc.pdf)

Understand and navigate the pitfalls of today's most popular digital platforms and games. Technology *will* capture our children's attention. We need to educate and support kids in developing healthy tech habits.

### **Parenting**

- [focusonthefamily.com/parenting](http://focusonthefamily.com/parenting)

This area of our website offers articles and resources on topics such as emotions, parenting challenges, sexuality, and schooling.

### **Plugged In**

- [pluggedin.com](http://pluggedin.com)

This outreach is designed to shine a light on the world of popular entertainment while giving families essential tools they need to understand and impact the culture.

### **Q&As**

- [focusonthefamily.com/family-q-and-a](http://focusonthefamily.com/family-q-and-a)

Browse our Q&As for advice and encouragement.

### **Resource Lists**

- [focusonthefamily.com/family-q-and-a/resources-and-referrals](http://focusonthefamily.com/family-q-and-a/resources-and-referrals)

Find recommended resources and referrals listed by topic, including the following:

**Family & Personal Finances** • RL004 •

**Grief & Loss** • RL045 •

**Materials for Dads** • RL070 •

**Materials for Moms** • RL071 •

**Parenting** • RL017 •

**Separation & Divorce** • RL041 •

**Stress** • RL015 •

## Referrals

### Focus on the Family Counseling Consultation Line

If you're experiencing challenges and need someone to talk to, [Focus on the Family offers a free phone counseling consultation with a licensed counselor](#). Call **1-855-771-HELP (4357)**, Monday through Friday, 6:00 AM to 8:00 PM (MT). Our staff may need to call you back, but they'd love to speak with you.

### Focus on the Family's Christian Counselor Network

Search for licensed Christian counselors in your area: [FocusOnTheFamily.com/FindACounselor](http://FocusOnTheFamily.com/FindACounselor)

### ClearPlay

866/788-6992

[clearplay.com](http://clearplay.com)

- This system uses a specialized DVD player and a subscription membership, which allows users to download appropriate filters from ClearPlay's library and then watch standard DVDs by skipping objectionable content.

### Cloud-Townsend Resources

18092 Sky Park South, Suite A

Irvine, CA 92614

800/676-4673

[cloudtownsend.com](http://cloudtownsend.com)

- Drs. Henry Cloud and John Townsend offer insight and solutions for life's challenges.

### Forcefield

[fotf.forcefield.me](http://fotf.forcefield.me)

- Forcefield is Focus on the Family's preferred parental control software.

### The HomeWord Center for Youth and Family

P.O. Box 1600

San Juan Capistrano, CA 92693

949/487-0217

[homeword.com](http://homeword.com)

- Jim Burns and Azusa Pacific University partner to provide a wealth of information related to families, including single parents.

### Knights of Heroes

20260 True Vista Circle

Monument, CO 80132

719/964-3387

[knightsofheroes.org](http://knightsofheroes.org)

- This nonprofit hosts an annual wilderness camp to encourage children who have lost fathers during military service. Mothers and younger siblings are also cared for.

### The Leadership Parenting Institute

420 Craven Street

New Bern, NC 28560

704/860-4711

[rosemond.com](http://rosemond.com)

- Dr. John Rosemond offers resources, seminars, articles, and answers to wide-ranging parenting questions.

### National Center for Fathering

1600 West Sunset Avenue, Suite B

Springdale, AR 72762

800/593-3237

[fathers.com](http://fathers.com)

- This ministry facilitates fathering seminars and provides Bible study materials, curriculum, and other resources.

**Net Nanny**

6949 South High Tech Drive  
Salt Lake City, Utah 84047  
801/508-3600

[netnanny.com](http://netnanny.com)

- Net Nanny is Focus on the Family's preferred web filtering software.

**Strong Families**

4848 East Cactus Road  
Suite 505 #300  
Scottsdale, AZ 85254  
480/718-3040

[strongfamilies.com](http://strongfamilies.com)

- Strong Families provides biblical resources from family expert Dr. John Trent to help you and your loved ones grow in faith.