



Dear Friend:

Happy New Year from all your friends at Focus on the Family! It's my hope that the Christmas season was a joy-filled one for you and your loved ones, and that you made some wonderful memories with friends and family. If, however, this holiday was marked by illness, hardship, or even the loss of a loved one, I pray God filled you with the peace that passes understanding and a firm assurance of Christ's constant presence, faithful provision, and everlasting love.

With another year under way, our team here at Focus is looking forward to seeing how the Lord continues working through our efforts to save and nurture marriages, provide parents with the tools and skills they need to raise godly and mature children, equip Christians to engage the culture, and empower people to advocate for life in the womb.

SAVING BABIES AND MOTHERS!

January is Sanctity of Human Life Month and we are excited at how God is using friends like you to save babies and their mothers from the pain of abortion this month and all year. Your ongoing support makes a lifesaving difference!

Through the *Option Ultrasound* program, you are rescuing babies from abortion by equipping pregnancy medical centers with ultrasound machines and training and other ways to support life so that mothers considering abortion can see their babies and hear their heartbeats. **Over 54 percent of women considering abortion who have counseling and an ultrasound choose life!**

Amy* is one of those mothers. The pregnancy medical center she visited shared her story:

When Amy first came to see us, all she could see were the reasons not to have this baby. With no support from the father of the baby, Amy felt that abortion was her only option. We sent out an email rallying our Prayer Partners to intercede for Amy – that she would see past her challenges to the joys ahead and that her upcoming sonogram would reach her heart with love for her child.

A week later Amy returned for her sonogram appointment. When she first arrived she told her advocate that nothing had changed and she still wanted to end the pregnancy.

Then she saw her baby.

Amy was further along than anticipated. She witnessed her nearly 19-week baby rubbing his nose with a little hand, opening his mouth, stretching, and moving. Amy began to weep uncontrollably, greatly moved by what she saw and the truth of the life she carried. A friend who accompanied her to the sonogram for support said, "I will help you raise this baby. You can do this. You are not alone."

In one afternoon, Amy went from hopeless to choosing Life. Her tears became tears of joy as she shed the burden of her plans for abortion and embraced her child, their future together, and the help being offered.

(over, please)

Heartwarming stories like this one are happening every day because of generous friends like you.

THE POWER OF AN ULTRASOUND.

We recently learned the latest number of lives you've helped saved. **Since this initiative was launched in 2004, we estimate that more than 440,000 little ones have been spared from abortion as a direct result of this program!**

It's simply amazing to consider that hundreds of thousands of precious children are alive today thanks to our *Option Ultrasound* program – which is only made possible through God's blessing and the generosity of supporters like you. But we are not yet done! **Our goal is to reach one million babies saved by 2025.**

Making even more ultrasounds available to frightened mothers who are considering abortion is critical. **That is why I'm excited to tell you about a new effort this year called Alive 2020!**

The seed for it was planted last May when friends like you joined us for Alive from New York in Times Square featuring speakers, inspiring music, and a live 4D ultrasound. More than 20,000 people packed Times Square for this electrifying and historic assembly. The feedback to that rally was tremendous, with many folks telling us they were profoundly impacted by the entire program – but especially by the ultrasound images of a precious baby in the womb.

After all, nothing “speaks” louder than the sound of a tiny baby's precious heartbeat.

And there's no more eloquent testimony to the priceless worth of preborn life than the image of a little one growing and moving inside the womb. I'll never forget the hush that came over the crowd in Times Square – even among the protesters – when the baby's image and heartbeat were aired last May.

I'm excited to tell you that we'll take this effort even further this year!

SAVE THE DATE FOR ALIVE 2020!

After the resounding success of the Alive from New York event, we began to brainstorm ways we might hold similar events in other locations across the country. **Thus, the idea for ALIVE 2020 was born, a nationwide observance scheduled for May 9, 2020 – the day before Mother's Day.** We chose Mother's Day weekend because we want to both honor mothers who have already helped give life and offer expectant mothers the opportunity to choose life, a decision that they will never regret.

We'll be “live” from Southern California, Dallas, Chicago, Atlanta, and South Florida in what will truly be a coast-to-coast celebration of the sanctity of preborn life! Once again, we'll hear from various speakers, join in worship with talented and award-winning music artists, and view a live 4D ultrasound.

We're praying the Lord will use this event mightily – as He did last May – to change hearts and lives by encouraging folks to rethink abortion in light of the unmistakable humanity of babies in the womb.

I hope you'll consider joining us in person at one of the locations mentioned above. (You can register and get updates at **FocusOnTheFamily.com/Alive**.)

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Regardless of whether or not you plan to attend an ALIVE 2020 event or view a simulcast, would you join us in praying for this sizeable undertaking? Please ask that God will orchestrate all the various logistics and that He will work powerfully through our upcoming event – and, in fact, through all of our ongoing efforts to help save babies and minister to expectant women.

YOU CAN SAVE A BABY’S LIFE.

Even as we prepare for ALIVE 2020 and anticipate all God might accomplish, our dedicated Sanctity of Human Life team continues laboring tirelessly to carry out our other life-saving work on behalf of women and babies through the *Option Ultrasound* program. They simply cannot do it without your support. Will you give generously today to save babies from abortion?

Every \$60 you give today will help save the life of one preborn baby through our *Option Ultrasound* program. Please consider how many lives you can save with an extra generous gift today.

A million babies will die by abortion this year unless we do something about it. Your support of efforts like *Option Ultrasound* and ALIVE 2020 will open the eyes of frightened women who feel they have no option except abortion to the living, breathing children in their wombs – *so they can choose life.*

This is such a crucial time. Right now, opponents of life are working hard to push abortion on the state level in legislatures across the country and at the national level on the stage of the upcoming election. Will you stand up and be visible in the celebration of life . . . and support the mother and child in love and with hope? God is more than able to advance this crucial movement as you come alongside pregnant women with truth, compassion, and tangible assistance. Your gift makes a difference!

Whether you can contribute with a gift of not, please remember to pray for this endeavor and for the lives that hang in the balance.

It’s been a privilege to provide you with this brief glimpse into our emphasis on the value and dignity of life in the womb. If you have any questions about our work in this realm – or if there’s something we can do to assist you and your family – please don’t hesitate to give us a call at 1-800-A-FAMILY (232-6459). Meanwhile, may God’s blessings, peace, and joy fill your heart and home throughout this new year!

Sincerely,



Jim Daly
President

P.S. Remember, it takes just \$60 to save a child’s life through the *Option Ultrasound* program. Share a gift of support using the enclosed response device or by giving online at FocusOnTheFamily.com/Life.

**Name changed to protect identity.*

FAMILY FOCUS®

FOR OUR PARTNERS IN FAMILY MINISTRY

JANUARY 2020



“I have no other choice.”

**An unexpected pregnancy.
A distraught mother. And a life
on the line.**

Sharon's★ mind was made up.

Faced with an unplanned pregnancy, Sharon thought abortion was her only choice. Bombarded by cultural messages that devalue life, why wouldn't she?

In the flurry of legislation and rulings on abortion over the last year, anti-life politicians and judges pushed the Planned Parenthood abortion agenda.

It began early when the New York State legislature cheered passage of a bill allowing a fully formed baby to be aborted. Aggressive policies continue today. A current proposal could force doctors and nurses to participate in abortions against their will! Another effort pushes an amendment guaranteeing a Constitutional “right” to an abortion.

Tragically, about a million babies like Sharon's are aborted every single year.

These expectant mothers need to know the truth about the child growing inside of them. That's why your support of Focus

on the Family and the *Option Ultrasound™* program is so critical . . . you can save a life!

Your giving equips pregnancy medical clinics across the country with ultrasound machines, resources, nurses' sonography training, and other grants to support life so mothers like Sharon can see their babies and hear their heartbeats . . . an incredible encounter that changes everything!

It definitely changed everything for Sharon and her baby.

“I HAVE NO OTHER CHOICE.” ▶
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Daly Focus

By Jim Daly, President

Seeing is believing

This past year, I was reminded that sometimes words are not enough.

That's true when it comes to saving babies from abortion. You and I can talk until we are blue in the face, but it may not mean much to a frightened young woman considering abortion. You cannot convince a pro-choice protester that life begins in the womb with words.

However, you let those same people SEE a child's beautiful silhouette or watch the baby sucking its tiny thumb from the womb and it's a different story. Let them HEAR the heartbeat and words are unnecessary.

Last year, during our ALIVE FROM NEW YORK event in Times Square, the protestors were loud and obnoxious . . . until the live ultrasound of a baby in the womb came onto the big screens. A hush fell over the crowd, including the nearby protestors. As the miraculous "thump-thump, thump-thump" of the heartbeat rang out, the signs of protest came down.

Did you know that over 54 percent of women who have counseling and an ultrasound choose life?

That is why your support of our *Option Ultrasound* program to provide equipment and training for ultrasounds is vital. And that is also why we will host ALIVE 2020 this May 9 simultaneously in five different cities.

Because seeing (and hearing) is believing.

Jim

"I have no other choice." *Continued from page 1*

Sharon happened to walk by a pregnancy medical clinic mobile unit equipped with sonogram equipment. The worker approached Sharon at the right moment.

"Do you need a pregnancy test?" the worker asked. "No, I just need information on abortion," Sharon replied. The worker tried to explain options, but Sharon shook her head.

"I want an abortion. I have no other choice."

Sharon did agree to a free sonogram. When she looked at the screen she saw an active, fully-formed baby bouncing around and rubbing its face with its tiny hands.

"It's a baby!" she exclaimed through tears. One look was all it took. Sharon changed her mind. Instead of an abortion, she made an adoption plan!

Every \$60 gift you share helps save the life of another preborn baby like Sharon's through our *Option Ultrasound*

program. Since the beginning of the *Option Ultrasound* program in 2004, the number of babies saved is estimated to be more than 440,000. **Our goal is to see a million babies rescued from abortion and alive by 2025!**

We need your help to accomplish it. Your gift today will help us equip even more pregnancy medical clinics to save lives, targeting high-risk regions with state of the art machines to help mothers considering abortion choose life.

Your support will also make efforts like our ALIVE 2020 possible. You can help Focus on the Family host one of the largest pro-life events in our 43-year history on May 9. During ALIVE 2020 we will be simultaneously celebrating life in five new cities, featuring live ultrasounds of third-trimester babies.

Imagine how many mothers like Sharon will see life clearly as a result and CHOOSE LIFE! ■

**Names changed to protect identity.*

He Said, She Said On *Celebrating Life*

Support LIFE as a couple

With Dr. Greg and Erin Smalley

Dr. Greg and Erin Smalley discuss the power of unifying in the goal of supporting life.



GREG: January is Sanctity of Human Life Month, so we want to take a moment out of our regular focus on marriage and celebrate life with you. Maybe you have children or want to have children. But whatever your situation, celebrating life together as a couple is a good thing.

ERIN: One of the goals that brought Greg and I closer in our marriage was the unified and shared goal of supporting life by adopting. I was adopted as a child and I've been so grateful to the woman who chose life for me and the family who gave me a good life that I wanted to do the same for a child. Greg joined me in this mission.

GREG: Having that shared goal and purpose strengthened our marriage. And when we were able to bring our Annie home to join our other children, she made our family complete. I'm thankful for the woman who gave our Annie life. She has been a joy and one of the treasures of our lives together as a couple.

ERIN: Maybe you and your spouse don't feel called to share the mission of adoption, but you can definitely celebrate and support life together. One way you can do that is to get involved with Focus on the Family's *Option Ultrasound* program. Or, you can pray for and join us for our ALIVE 2020 event. Learn more about how you can celebrate life at FocusOnTheFamily.com.

FOCUS ON THE FAMILY® BROADCAST

The broadcast schedule is subject to change. Listen to the Focus on the Family® Broadcast on your local radio station, your mobile device or online. If you've missed one of these broadcasts, listen online at FocusOnTheFamily.com/Broadcast.

Broadcasts are brought to you by our partners — you!

DATE	TITLE	GUEST
1/1	Harnessing the Power of Word Pictures	Dr. Greg Smalley and Dr. John Trent
1/2	Homemade Meals for Busy Families	Mrs. Mary Beth Lagerborg
1/3	Honoring Preborn Life in 2020	Mrs. Jeanne Mancini
1/6	Empowering Women to Take Control of Their Finances	Mrs. Deborah Pegues
1/7-1/8	My Journey to Salvation I & II	Mr. Adolph Coors IV
1/9-1/10	Being a "Yes" Parent in a World of No's I & II	Mr. Mark and Mrs. Jan Foreman
1/13	Answering Your Kid's Tough Faith Questions	Mrs. Natasha Crain
1/14-1/15	Finding Strength in the Midst of Disappointment I & II	Mrs. Lysa TerKeurst
1/16	Restoring Godly Values to America	Mr. Tim Goeglein
1/17	A Lighthearted Look at Wedded Bliss	Mr. John Branyan
1/20-1/21	Reaching Across Cultural Divides I & II	Dr. David Ireland
1/22-1/23	A Former Abortionist's Journey to Becoming Pro-Life I & II	Dr. Anthony and Mrs. Cecelia Levatino
1/24	Reaching Women in Crisis	Mrs. Greta Henry and Miss Rain Pierce
1/27	Cherishing the Differences in Your Spouse	Dr. Greg and Mrs. Erin Smalley
1/28	Rocking Your Grandparenting Years	Mrs. Chrys Howard
1/29	Speaking of Life: Our Listener's Stories	Call-in
1/30-1/31	Being a Good Steward of God's Blessings I & II	Dr. Tony Evans

DATE	TITLE	GUEST
2/3	How to Find a Good and Godly Spouse	Mr. Gary Thomas
2/4-2/5	Are Your Five Core Needs Being Met? I & II	Mrs. Kathy Koch
2/6	Standing for Life in the Black Community	Mrs. Christina Bennett
2/7	Parenting the Heart of Your Teen	Mrs. Connie Albers
2/10-2/11	Becoming Messengers for Life I & II	Mrs. Joni Eareckson Tada
2/12	Embracing Your Imperfections as a Parent	Mr. Stephen James and Mr. Chip Dodd
2/13-2/14	How to Have a Better Sex Life by Understanding Your Love Style I & II	Mr. Milan and Mrs. Kay Yerkovich
2/17	Bringing Gospel Clarity to a Feelings-First World	Mr. Abdu Murray
2/18	Bringing Laughter to Your Marriage	Pastor Ted Cunningham
2/19-2/20	How God Redeemed My Teen Pregnancy I & II	Mrs. Lindsay Pepin Ophus, Mrs. Scarlet Pepin and Mrs. Bethany Pepin
2/21	Getting Rid of Clutter in Your Home	Mrs. Kathi Lipp
2/24-2/25	Your Baby's First Year: What You Need to Know I & II	Dr. Robert Hamilton
2/26	Strengthening Your Marriage Through Daily Choices	Pastor Ron and Mrs. Jody Zappia
2/27-2/28	The Timeless Truth of Christ I & II	Mrs. Ellie Lofaro

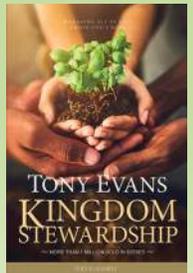
* The broadcast schedule is subject to change.

Feature Guest:
Dr. Tony Evans



Kingdom Stewardship

In *Kingdom Stewardship*, Dr. Tony Evans inspires you to broaden your perspective of Christian stewardship. You will learn that stewardship includes how you manage all that God has given you—your time, your talents, and your treasures—to advance God's kingdom and bring Him glory. Get your copy of this inspiring book with your ministry gift today!



Use the enclosed response card to mark your gift and book request or go to FocusOnTheFamily.com/KingdomStewardship20.



Check out our YouTube channel
FocusOnTheFamily.com/YouTube

LIFE UPDATE

Save the date for Alive 2020!

The LIFE UPDATE column features testimonies and the latest news on how your support is rescuing babies from abortion and saving moms from the pain and regret of abortion.

As you've heard by now, Focus on the Family will be hosting ALIVE 2020 in May.

This massive event will simultaneously celebrate life in five new cities—Southern California, Dallas, Chicago, Atlanta and South Florida—with award-winning musical artists, inspiring speakers and live ultrasounds of third-trimester babies.

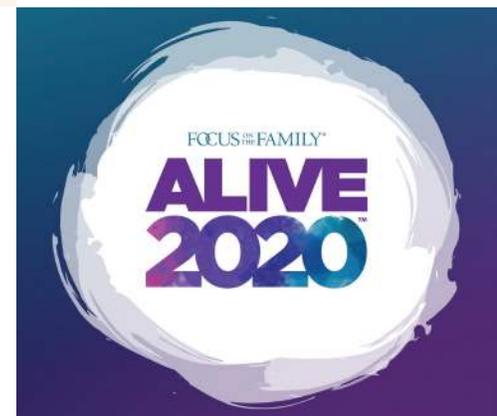
So, be sure to save the date – Saturday, May 9, 2020 – the Saturday of Mother's Day weekend.

Alive 2020 will build upon the tremendous success of "Alive from New York," which saw over 20,000 people attend the largest pro-life event in New York City's history. The event featured speeches from pro-life warriors Alveda King, Benjamin Watson,

Ashley Bratcher and Abby Johnson. The highlight of the gathering was a live 4D ultrasound in Times Square. Lives and minds were changed in that moment!

Will you stand with us in prayer that even more hearts will be touched this year during our ALIVE 2020?

To learn more about Alive 2020, sign up for the event and stay up to date with the latest details, visit FocusOnTheFamily.com/ALIVE.



Parenting Corner with Danny Huerta

Teaching your child to value life.

Danny Huerta is Focus on the Family's vice president of the Parenting and Youth department.



As we consider the Sanctity of Human Life this month, here are a few ways you can start instilling a value for life in your children:

- Valuing life starts with their own. Tell your son or daughter how valuable they are, how much you love them, and how God created them uniquely wonderful. Don't forget to show your child how valuable he or she is by spending time with them and investing in their spiritual growth.
- Teach them to respect family members. Insist that your little one starts exercising a respect for their

siblings at an early age. Don't allow them to assault each other with verbal insults at each other. Demand respect for yourself and your spouse. Talk about the value of each family member and stress how much you love each other. Maybe have them write out a list of good qualities in their siblings from time to time.

- Instill in them a respect for others. Have them show respect to adults by being polite and kind. Use manners. Put respect into action by volunteering or helping those in need. Talk about how each one of us is a child of God with value and purpose.
- When your child is old enough, talk to them about abortion and how important it is to speak out for those who cannot speak for themselves.

You can learn more with our free download that equips you to teach your children about the value of life from the very start.

FocusOnTheFamily.com/ValueLife ■



Save a baby from abortion and help a mom choose life!

You can save a child from abortion with your gift today. You'll help a mom choose LIFE for her baby. A decision she will never regret!

When you give to support efforts like our *Option Ultrasound* program, you'll help save lives. God can use your gift to provide more ultrasound equipment and sonography training to pregnancy medical clinics around the country. Through this program, expectant mothers can see their babies and be moved to choose life. Every \$60 you share saves another life!

You'll also make pro-life efforts possible like our ALIVE 2020. This celebration of life is scheduled for May 9, 2020, building on last year's ALIVE FROM NEW YORK success. Last year, over 20,000 people filled Times Square

for ALIVE FROM NEW YORK—a celebration of the sanctity of human life that culminated with a live ultrasound of a third-trimester baby broadcast on massive screens in the middle of New York City. This year, we'll be "Alive" from **Southern California, Dallas, Chicago, Atlanta and South Florida** with live music, amazing speakers, and a live ultrasound of a baby!

We need your help to make efforts like this possible and equip even more pregnancy medical clinics to save lives, targeting high-risk regions with state of the art machines to help mothers considering abortion see the child in their womb and choose life.

As God leads you, please use the enclosed reply form and envelope to return your generous gift. Thank you for allowing God to use you to save babies from abortion. ■

Option
Ultrasound[™]
LIFE ADVOCATE

Save babies from abortion monthly!

When you join our *Option Ultrasound Life Advocate* program as a loyal monthly supporter, you'll help save babies from abortion through efforts like our *Option Ultrasound* program.

As an *Option Ultrasound Life Advocate* member, you'll receive monthly updates that report on how you are helping us make an eternal impact with practical results for families, as well as special offers and resources. Call 888-862-6767 today.

To learn more go to
FocusOnTheFamily.com/Pledge



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