

5 Game-Changing Insights About Your Money and Marriage

Insight #1: We often do not value what our spouse values

You and your spouse simply have different values. One of the most basic but crucial secrets to thriving in love and money is to look for and honor the reason your spouse feels the way they do.

Insight #2: We have fears our spouse doesn't comprehend and use money to try to relieve our fears, which often makes our spouse's fears worse

A husband's fear may be not providing financially for his family, while a wife's is that everyone in the family is not okay. Both care but are paying attention to different issues that are equally important.

Insight #3: We resist being fully one in our marriage—and it's coming out in our finances

A lack of unity in your budget and spending can show up in a variety of ways (eg...a controlling attitude or selfish expenses). Instead of handling money individually, work together with your spouse.

Insight #4: When dealing with money, our different wiring for processing and communication makes us clash instead of connect

Men tend isolate to think things through, while women prefer to talk issues out. Find a way to use these differences to encourage each other rather than tear your spouse down.

Insight #5: We have knee-jerk reactions due to faulty beliefs about money or our spouse.

Everyone has perceptions about how money *should* work, and how your spouse needs to handle finances differently. Instead of focusing on negatives, assume the best about your spouse, and trust God to help you find common ground for understanding.