

Twenty-Five Simple Ways to Have Fun with Your Kids!

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As mentioned in the Focus on the Family Daily Broadcast *Hope and Help for the Weary Mom*

1. Plan a surprise picnic.
2. Have a “milk and cookies night” each week for a sweet treat. Let your kids look forward to it!
3. Go on a nature hike.
4. Go for a drive through a lovely, scenic part of town with the windows down.
5. Wake up your kids with breakfast in bed.
6. Implement a “pizza and movie night.” It can be homemade, store bought, or ordered in, but make a tradition out of it!
7. Bake and cook together.
8. Have a family dance party. All ages. Take turns letting each child pick a song!
9. Make homemade Play-Doh.
10. Play with your kids. Are they into sports, Legos, dolls? Get on their level, set a timer for twenty minutes, and focus entirely on them!
11. Read aloud, no matter your children’s ages, this is always a favorite!
12. Go on a family bike ride or one-on-one rides with each of your kiddos.
13. Plan monthly date nights with your kids. It could be at a coffee shop, a walk around the block, out to eat, a movie – you name it. But spend quality time with them!
14. Have a pillow fight.
15. Have a monthly game night.
16. Plan a water balloon fight and let them invite a few friends.
17. Construct paper airplanes and have a competition for whose flies the farthest.
18. Go bowling.
19. Start a family book club. Choose a book to read together and discuss.
20. Have a backyard campout. Pitch your tent, roast marshmallows, and share stories.
21. Look at the stars. Gather your sleeping bags and lie out on the grass and gaze away. Find constellations together!
22. Get some ice cream at the mall and visit the pet store.
23. Play hide-and-seek in the house with the little kids and at a park with older kids. Invite friends!
24. Add notes to your children’s lunch boxes.
25. Have breakfast for dinner.

Adapted from *The Help Club for Moms* (Harvest House, 2020). Used by permission. For more help for your mom journey, visit focusonthefamily.com