

LIFE-GIVING WORDS



The following is a list of *life-giving words* to help intentionally build steadfast confidence in your child:

- I love you
- I value you
- I missed you
- That was kind
- That was trustworthy
- That was funny
- That was responsible
- That was smart
- Let's spend some time together
- You're a good leader
- I enjoy spending time with you
- I forgive you
- Will you forgive me for _____?
- I appreciate _____ about you
- Thank you for _____
- I'm sorry
- I see _____ in you
- I noticed _____ in you
- I love _____ about you
- I admire _____ about you
- You mean a lot to me
- You are a blessing to me
- I love your smile
- I love to laugh with you
- You are a lot of fun to be with
- I love listening to your ideas
- That was a great idea
- You've got this
- You look attractive
- You look beautiful
- You look handsome
- That was brave
- That _____ looks good on you
- I love your hairdo
- You _____ that was _____

What are some life-giving words you or your kids would add? Life-giving words need to be genuine and based on trust in order to give the most life.