

Pregnancy Resource Centers

Some pregnancy resource centers are just that – strictly resource centers, providing information and nonmedical services. Many others, however, are also medical clinics to varying degrees, with a professional staff that can include doctors, nurses and many other medical professionals.

At any PRC, you can count on getting information and counseling about alternatives to abortion, as well as referrals for medical care and other assistance.

PRC's provide counseling and classes that address not only the decisions to have a child, but the options afterward such as whether to raise the child yourself or to make an adoption plan. They might offer classes in parenting and sometimes even general life skills, which could include anything from healthy relationships to financial management. Many also offer material support, including basic baby supplies like diapers, clothing and formula.

Focus Page about PRC's

- Alternatives to abortion
- Pregnancy resource centers
- How to find clinics
- What PRC's do

My Choice Network – pregnancy screenings, ultrasounds, nurse consultations

- Find a clinic
- Master directory of PRC's across the country
- Confidential Services

Option Line – pregnancy tests, consultations, emergency contraception, after-abortion support

Marta's Story

- Woman sharing her story about how she thought abortion was her only option...

How to Help a Friend Who Wants an Abortion

- Article on how to help those making tough decisions regarding pregnancy