

DATING CONTRACT

*"All the ways of a man are pure in his own eyes, but
the Lord weighs the spirit."
— Proverbs 16:2*

THIS TIME IN YOUR LIFE CAN BE LOTS OF FUN AND VERY MEMORABLE, AND I (WE) WANT YOU TO BUILD A HISTORY YOU VERY MUCH WANT TO REMEMBER. THIS IS AN AGREEMENT TO CONTINUE BUILDING TRUST AND TO HELP YOU LEARN TO LOVE WELL. THE GOAL IS FOR YOU TO BE A CONTRIBUTOR IN A PERSON'S LIFE AND NOT A CONSUMER OF ANOTHER PERSON.

CONTRIBUTOR

LIFE-GIVING (ENCOURAGING) WORDS, LOVING THE PERSON FOR THEIR BENEFIT THROUGH YOUR WORDS, ACTIONS, THOUGHTS, AND DECISIONS.

CONSUMER

KINDNESS, AFFECTION, SERVING FOR SELFISH REASONS. YOU ARE BEING LOVING TO GET SOMETHING FOR YOURSELF.

BUILDING TRUST MEANS:

- I WILL BEGIN BY GOING ON ONLY GROUP DATES FOR _____ MONTHS.
 - I WILL LET YOU KNOW WHAT THE PLANS ARE FOR THE DATE.
 - I WILL BE HONEST, EVEN WHEN I KNOW IT MIGHT GET ME IN TROUBLE.
 - I WILL BE FAITHFUL IN THE SMALL THINGS.
 - I WILL WORK HARD ON MY RESPONSIBILITIES.
 - I WILL NOT HIDE ANYTHING ON MY DEVICES AND/OR SOCIAL MEDIA.
- (USE A SEPARATE PAGE AND ATTACH IT, IF NECESSARY)

HOW I WILL INTENTIONALLY BE A CONTRIBUTOR IN _____'S LIFE:

(EX. GENUINELY ENCOURAGING WORDS TO SIMPLY BUILD THE OTHER PERSON UP)

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WHAT I NEED TO WATCH OUT FOR AS MY CONSUMER SIDE SHOWS UP:

(EX. FRIENDLY WORDS TO GET MORE PHYSICAL WITH EACH OTHER)

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MY BOUNDARIES

(USE A SEPARATE SHEET OF PAPER AND ATTACH IF NECESSARY)

NEGOTIABLE BOUNDARIES

(HOW WILL WE NEGOTIATE OUR BOUNDARIES?)

(EX. CURFEW/TIME YOU GET HOME, WHERE YOU CAN GO FOR DATES, WHAT KINDS OF ACTIVITIES YOU CAN DO ON DATES)

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NON-NEGOTIABLE BOUNDARIES

(FIRM BOUNDARIES THAT HAVE CLEAR CONSEQUENCES)

(EX. BEING ALONE IN A BEDROOM OR ANY ROOM IN THE HOUSE WITH THE DOOR CLOSED OR DRUG USE)

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READ PROVERBS 15:31-33.

FROM THIS, THIS IS HOW I WILL:

(EX. LISTEN, TAKE CONSTRUCTIVE CRITICISM, SEEK WISDOM?)

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MY TOP TEMPTATIONS AND MY PLANS FOR WHEN THEY SHOW UP ARE:

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THESE ARE THE PEOPLE I CAN TALK WITH WHEN I HAVE QUESTIONS OR DOUBTS:

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IF THERE IS A BREACH OF THIS CONTRACT, I UNDERSTAND THE CONSEQUENCES WILL BE:

(EX. NO DATES FOR A WEEK/MONTH, LOSS OF PHONE PRIVILEGE, OR DATING PRIVILEGE WITH THAT PERSON)

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IF FOR ANY REASON I FEEL UNSAFE,

I WILL IMMEDIATELY CALL YOU (PARENTS) OR THE POLICE TO GET HELP.

IF THE RELATIONSHIP STARTS TO SEEM UNHEALTHY TO ME OR OTHERS,

I WILL TAKE THE STEPS NEEDED TO EITHER LEAVE OR GET THE RELATIONSHIP TOWARD HEALTH.

IF YOU (PARENTS) CALL OR TEXT ME,

I WILL ANSWER THE CALL OR TEXT BACK IMMEDIATELY.

SIGNED: _____

DATE: _____

WE WILL REVIEW HOW THIS IS GOING _____ (WEEKLY, MONTHLY, YEARLY)