

7 FOCUS ON THE FAMILY® TRAITS OF EFFECTIVE PARENTING



Adaptability

Adaptability is the willingness to be flexible and adjust when plans change. Being able to see the bigger picture and being willing to let things go can help instill accommodating and easygoing characteristics in your children.



Respect

As a parent it is important to model respect to your children. It helps affirm their identity in Christ and helps them see the unique perspectives and worldviews of others.

Intentionality

The goal of intentionality is to be present. It helps demonstrate the parents' devotion to the relationship, connectedness, and spiritual and personal growth.



Love

Love is the foundation of any strong parent-child relationship. Strong devotion to this relationship fosters the growth and development of your child's passions, strengths, and abilities.



Boundaries

Setting healthy boundaries requires discernment, wisdom, and courage. When done well, boundaries help teach your children the importance of balance and self-control.



Grace and Forgiveness

Grace and Forgiveness is the necessary glue that helps maintain healthy relationships. It allows for the parent to be approachable in order to help guide and instruct.



Gratitude

The key to gratitude is perspective. Gratitude is the willingness to guide, communicate and resolve conflict with a positive outlook.