

GRATITUDE

THANKFULNESS

THANKS

THANK YOU

"IF YOU PLAN TO BUILD A TALL HOUSE OF VIRTUES,
YOU MUST FIRST LAY DEEP FOUNDATIONS OF HUMILITY."

—AUGUSTINE

Look around. Write as many things as possible that you're grateful for (each needs to be different).

See if you can find 1,085 things to be grateful for or at least start with 20.

See what it does to you, your perceptions, your thoughts, your attitude, your relationships, and your home.

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"IN EVERYTHING
GIVE THANKS;

FOR THIS IS GOD'S WILL FOR YOU IN CHRIST JESUS."

— 1 THESSALONIANS 5:18, NASB