

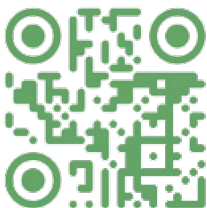


## Welcome to Mom Life!

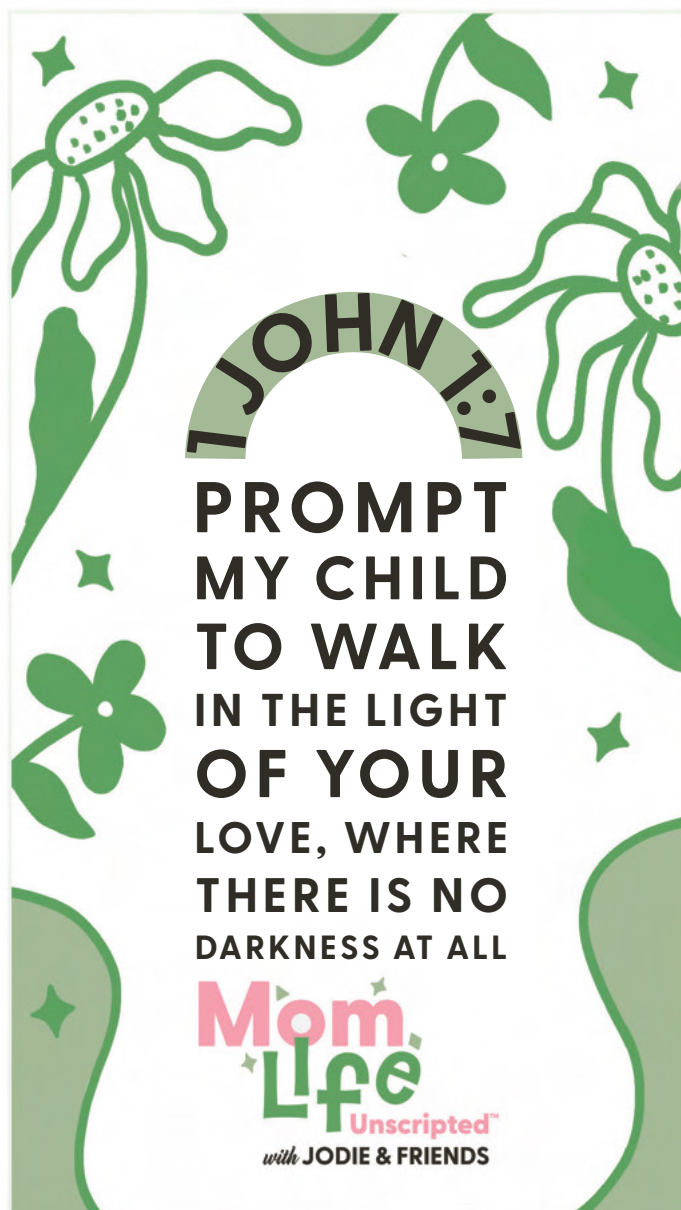
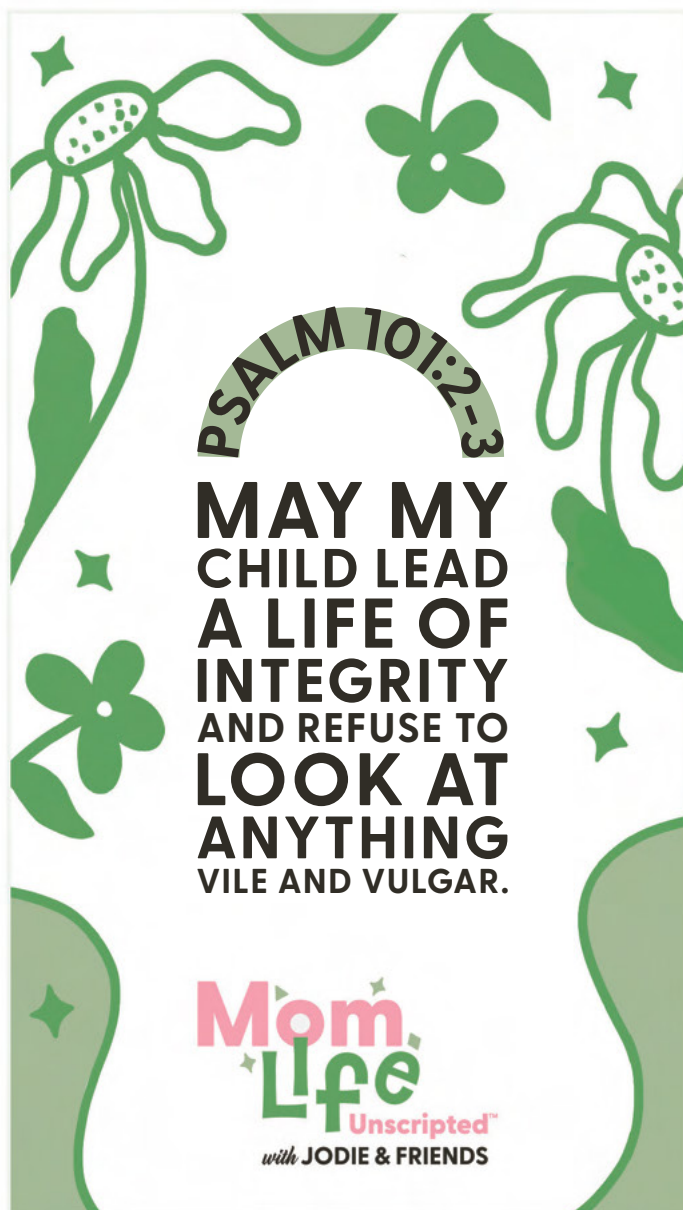
We're so glad you could join the conversation as Jodie Berndt and Arlene Pellicane talked about screen time and the challenges that come with parenting children in a digital age.

Here are six powerful ways you can ask God to protect your children and equip them to use technology wisely and well!

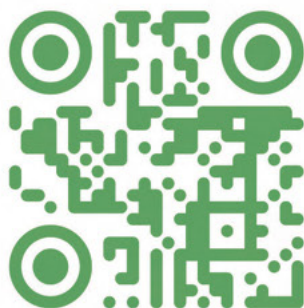
- **May \_\_\_\_\_ lead a life of integrity** and refuse to look at anything vile and vulgar. (Psalm 101:2-3)
- **Prompt \_\_\_\_\_ to walk in the light of your love**, where there is no darkness at all. (1 John 1:7)
- **Put your hedge of protection** around our household. (Job 1:10)
- **Give \_\_\_\_\_ a wise and discerning heart** to know what is best and be blameless and pure. (Philippians 1:10)
- **Teach \_\_\_\_\_ to number their days**, that they might live wisely and well. (Psalm 90:12)
- **Search \_\_\_\_\_ and know their heart**. Reveal anything that offends you and lead them along the path of everlasting life. (Psalm 139:23-24)



**Thank you for being part of our friend group at Mom Life Unscripted.** If you'd like additional prayers or parenting resources, please visit [momlifeu.com](http://momlifeu.com) or scan the QR code to access the collection of *Praying the Scriptures* books.



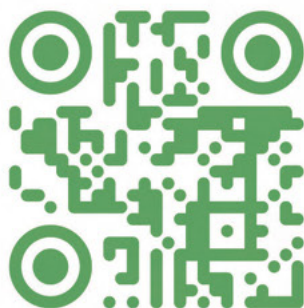
8.5" X 11" PRINTABLE PRAYER CARDS



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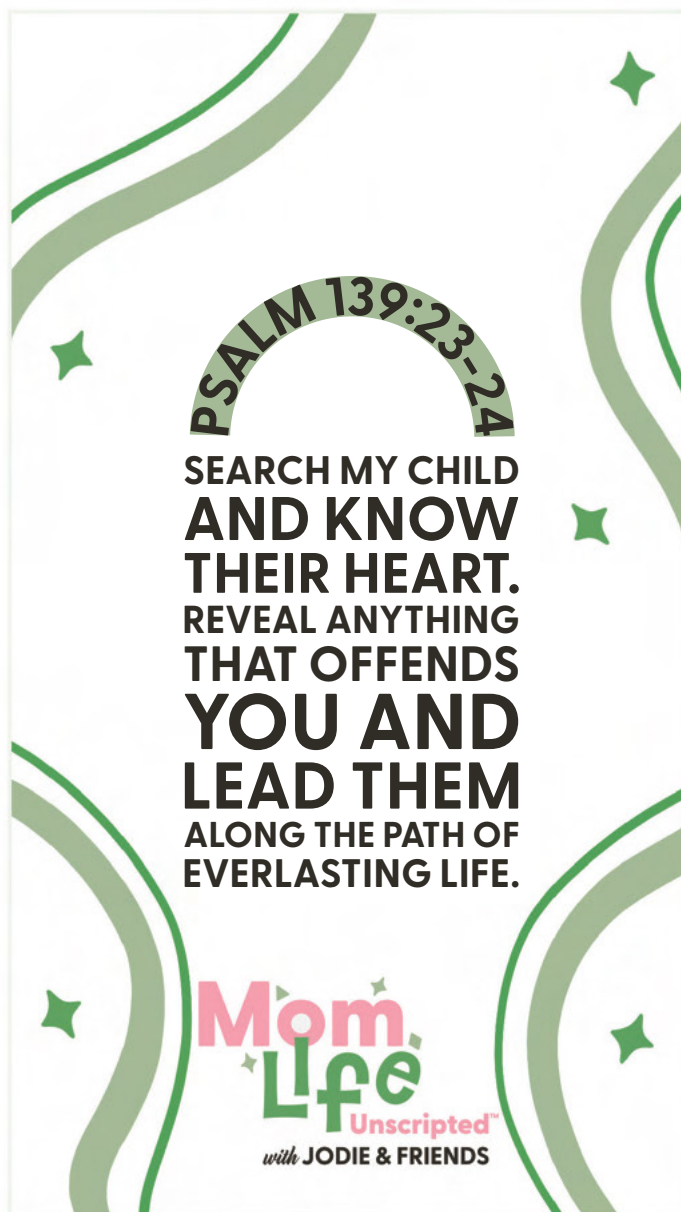
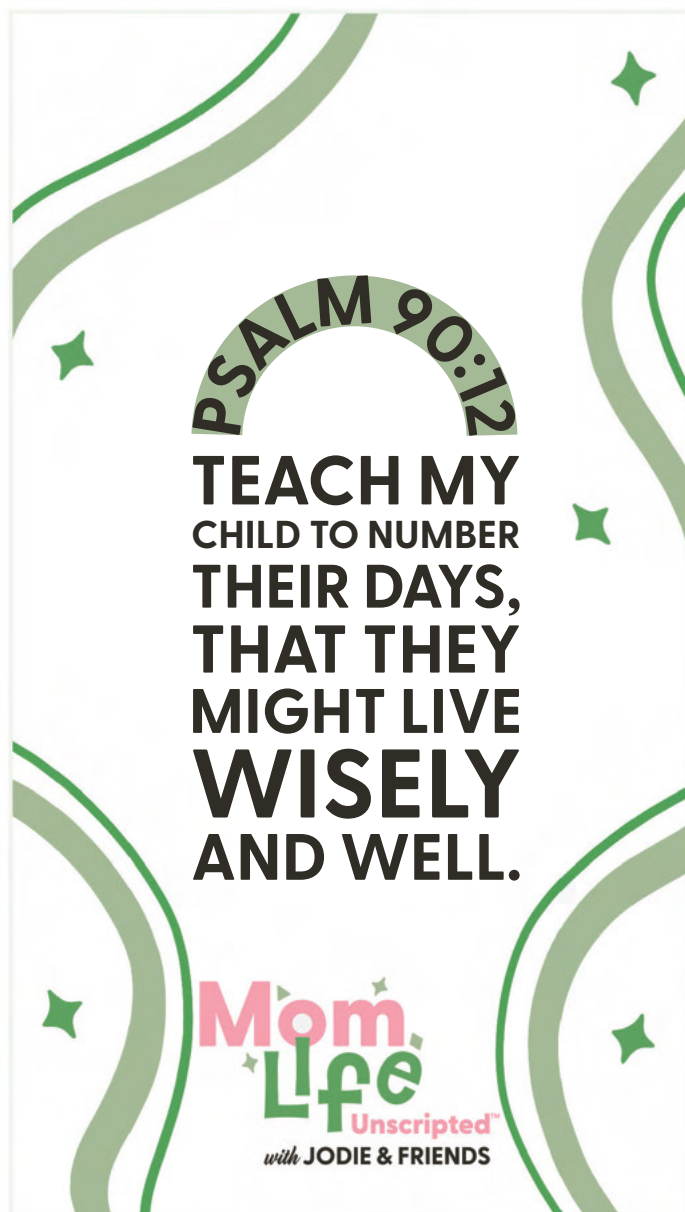


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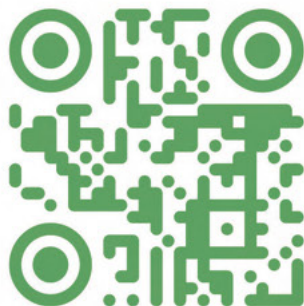


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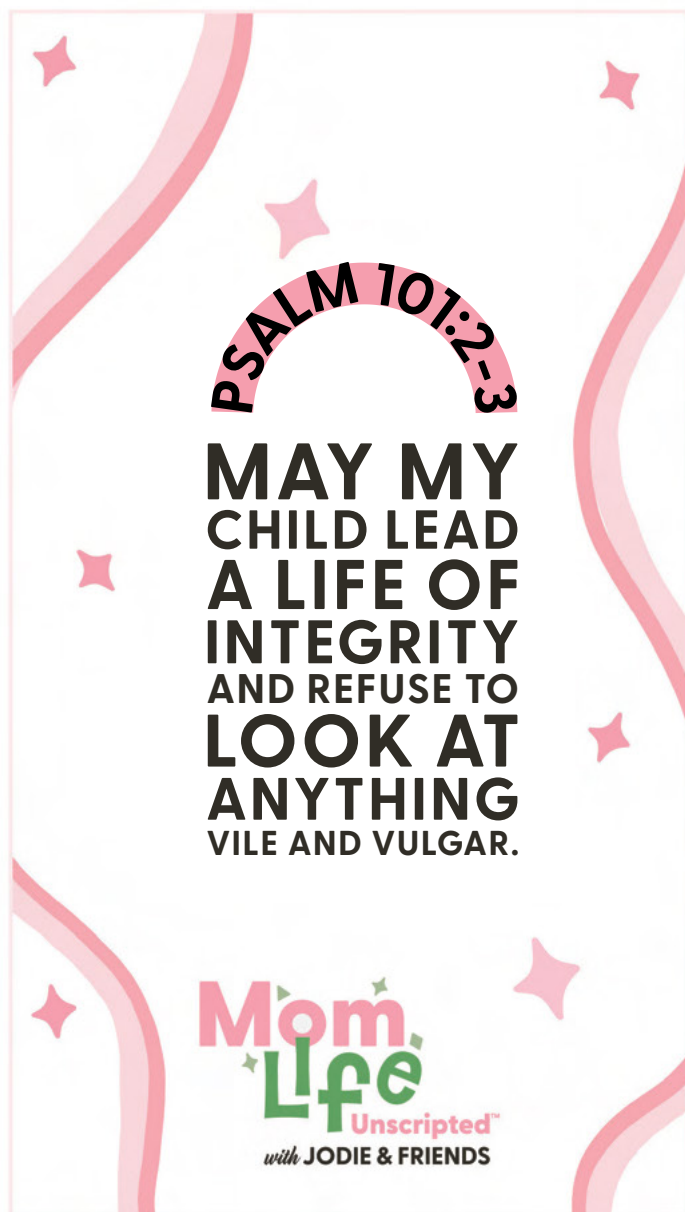




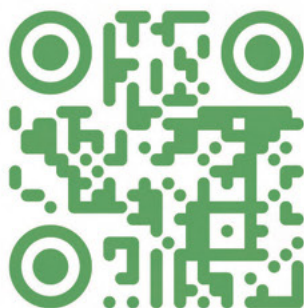
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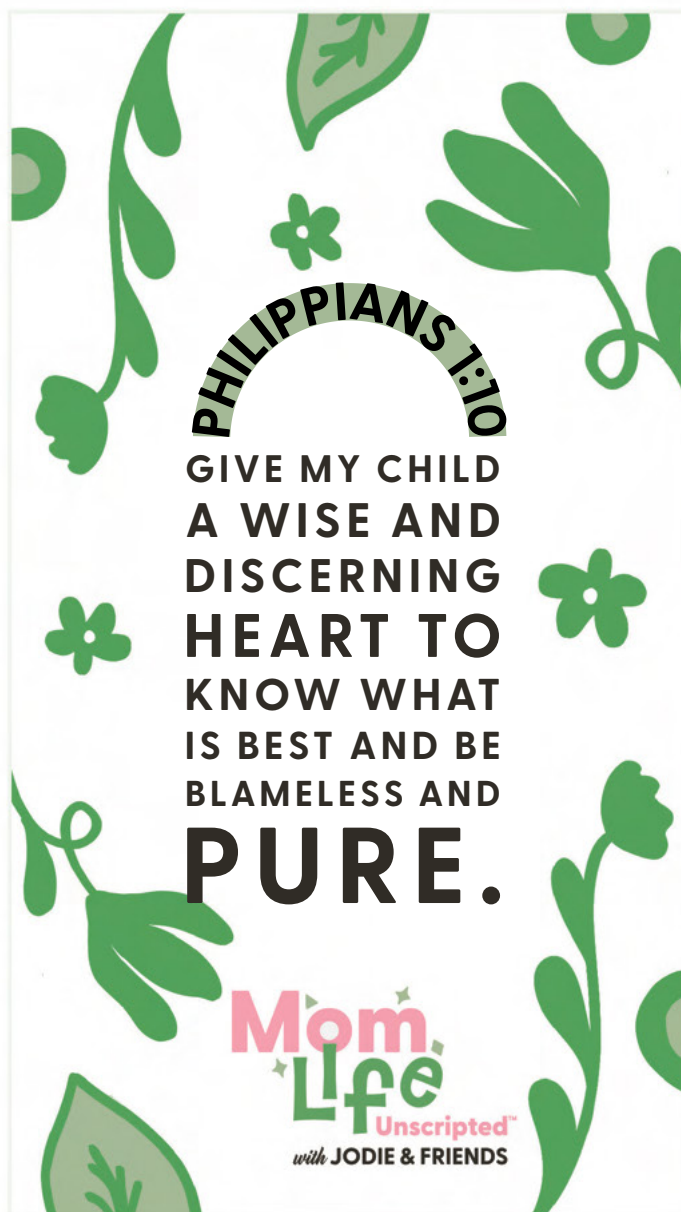
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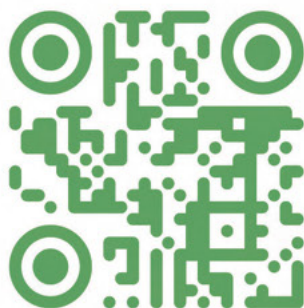
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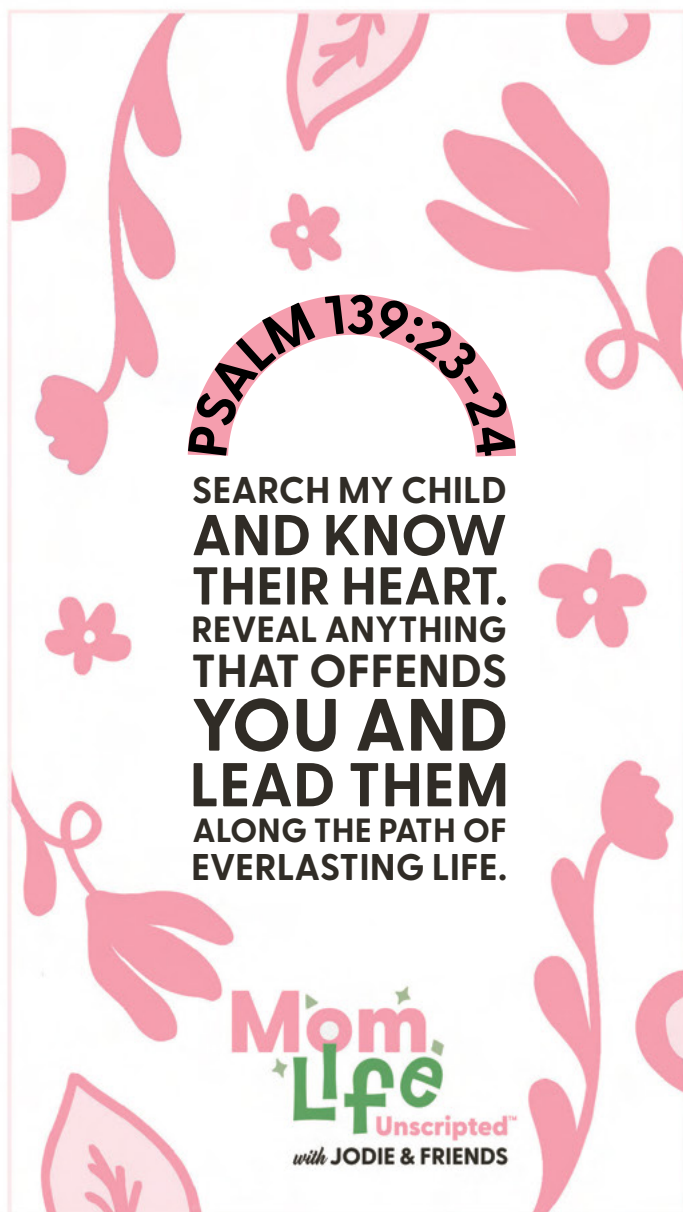
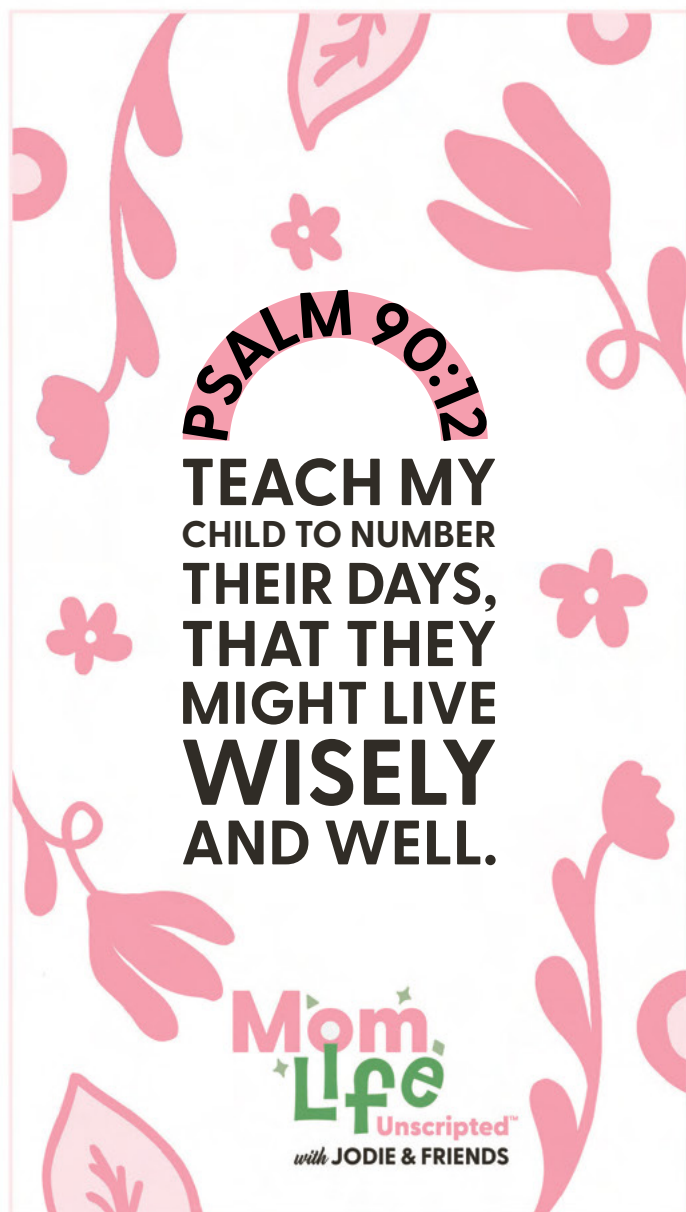


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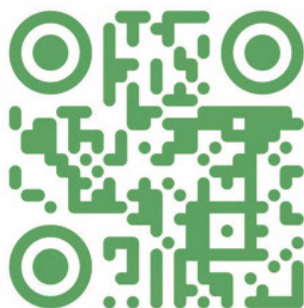


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