

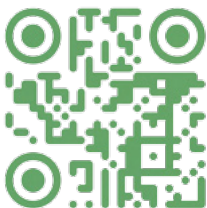


Welcome to Mom Life!

We're so glad you could join the conversation as Jodie Berndt and Nicole Zasowski talked about navigating loss, avoiding the comparison trap, and finding the courage to celebrate, even when life feels uncertain or hard.

Here are six powerful prayers you can use as you trust God to help you (and your children) become people who accelerate joy.

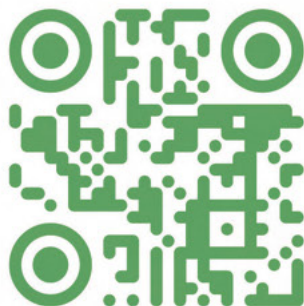
- **Show _____ how to rejoice with those who rejoice and mourn with those who mourn** (Romans 12:15).
- **Comfort _____ in times of trouble so they/we** will know how to comfort others in the same way (2 Corinthians 1:4).
- **May _____ be content in every situation,** whether well fed or hungry, living in plenty or in want (Philippians 4:12).
- **Teach _____ how to rejoice always,** pray continually, and give thanks in all circumstances (1 Thessalonians 5:16-18).
- **Meet all _____ 's needs according to the riches of Your glory in Christ Jesus**(Philippians 4:19).
- **Help _____ love others not just with words but with actions** (1 John 3:18).



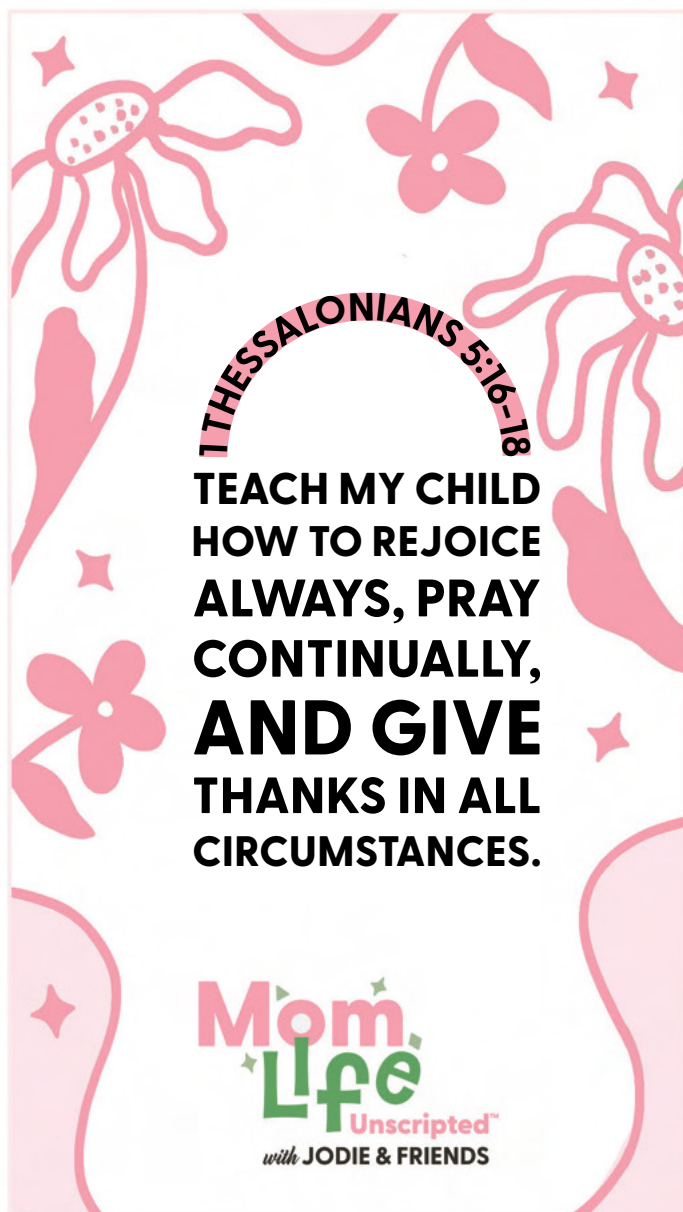
Thank you for being part of our friend group at Mom Life Unscripted. If you'd like additional prayers or parenting resources, please visit momlifeu.com or scan the QR code to access the collection of *Praying the Scriptures* books.



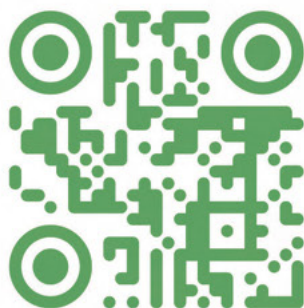
8.5" X 11" PRINTABLE PRAYER CARDS



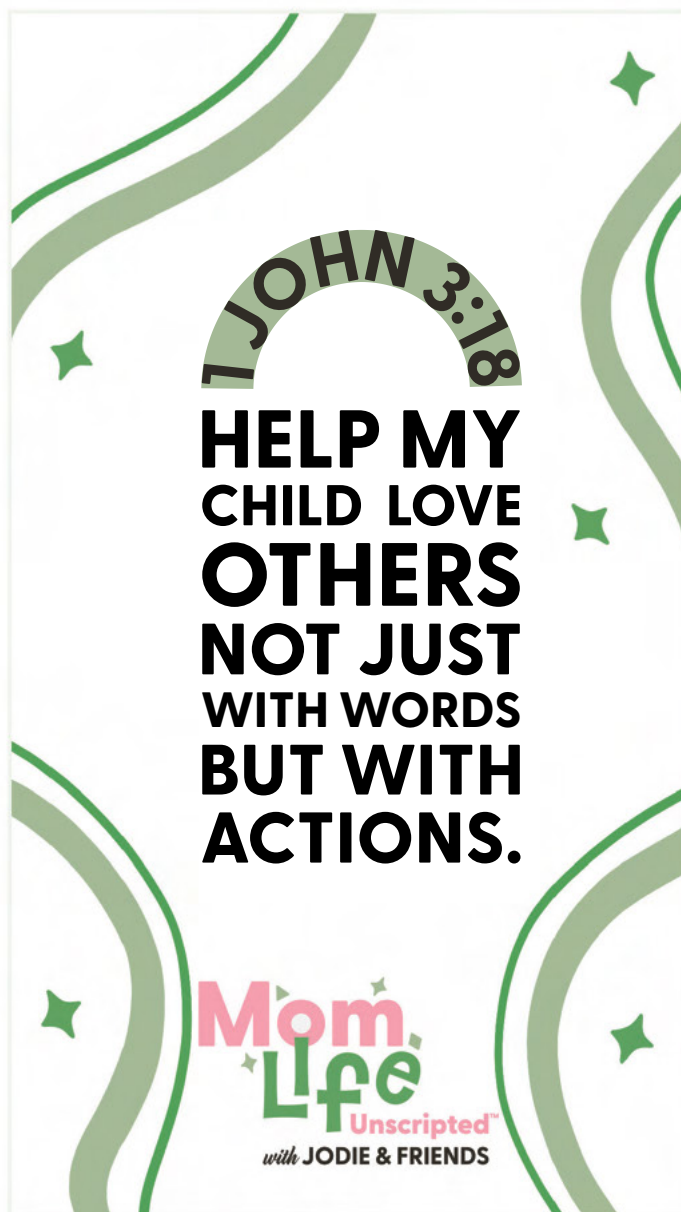
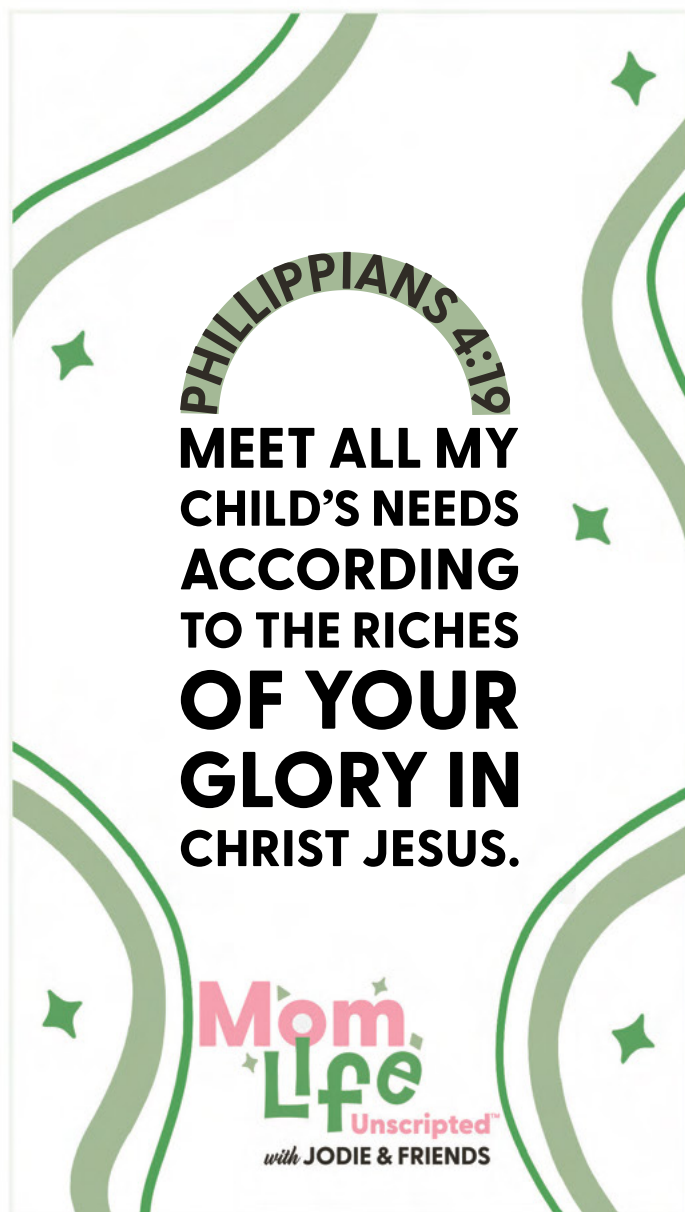
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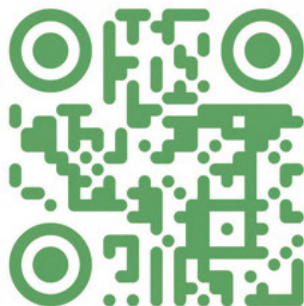
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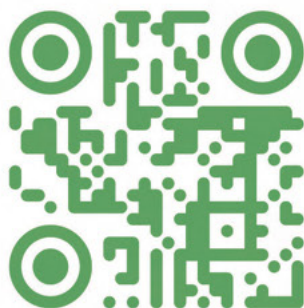
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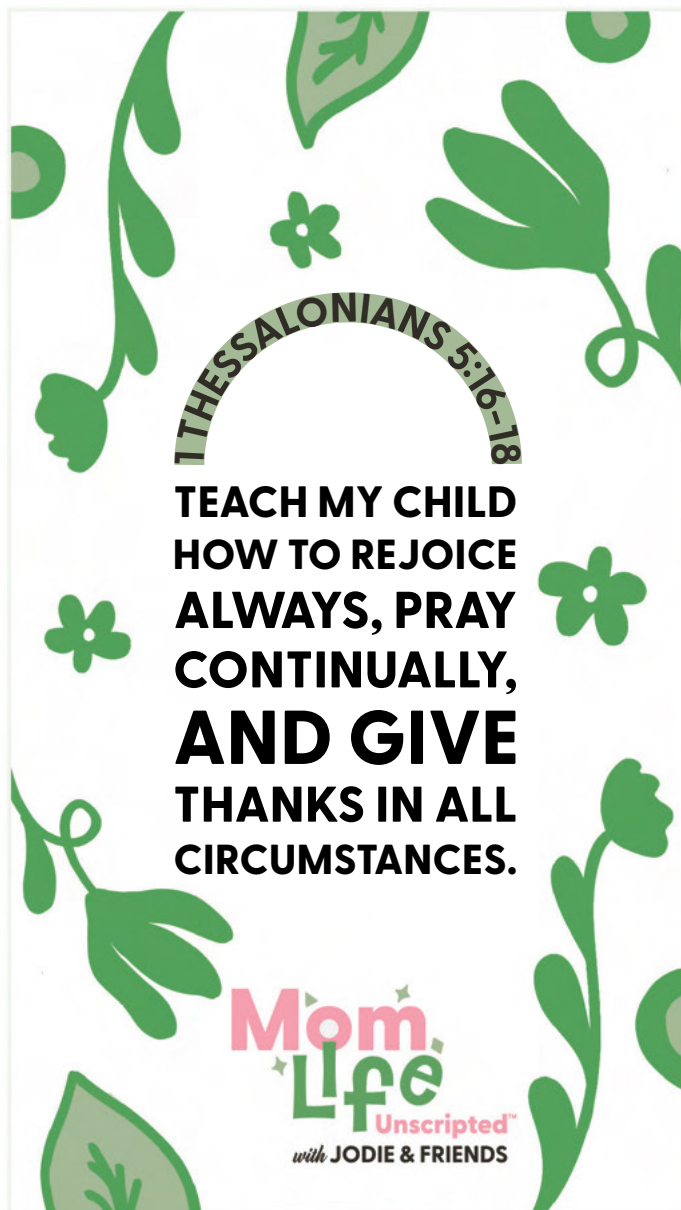
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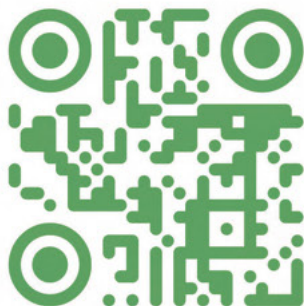
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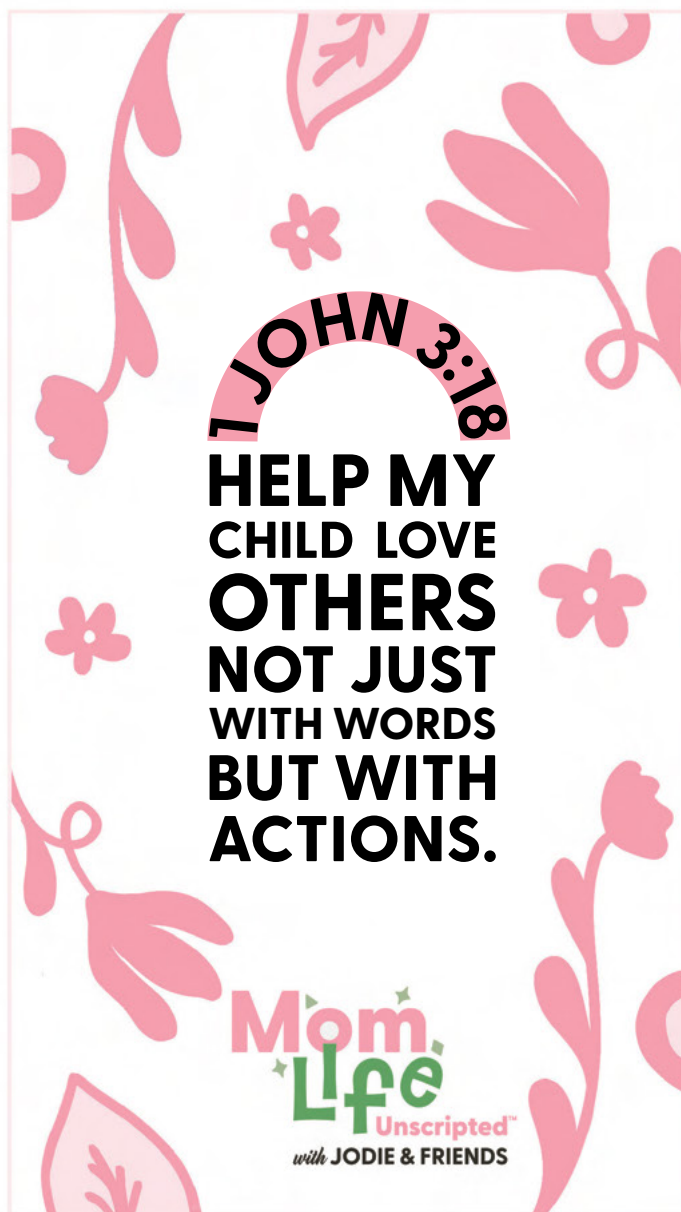
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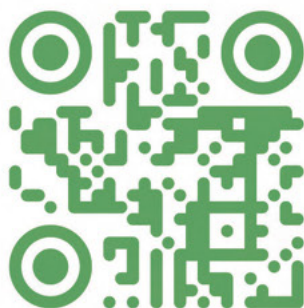
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