

PREGNANCY SUPPORT VIDEOS

Incourage

BY **FOCUS ON THE FAMILY**

Select the Topic That Fits *Your Needs*



First Nine Months

Medical information on the nine months of pregnancy.



Healing the Hurt

Signs of post-abortive trauma and ways of finding healing.



Braver Than You Think

Encouragement when facing an unexpected pregnancy.



Embracing Hope

Comfort and encouragement after miscarriage.



Healthy Pregnancy

Common symptoms of pregnancy and warning signs. Also, suggestions on what to eat and what to avoid.



Gift of a Lifetime

Comfort and encouragement on handling an adverse diagnosis.



What I Didn't Know About Adoption

Information on adoption, including the three different types of adoption.



Morning After Pill

Information to consider before taking the morning-after pill.



Abortion Pill

The abortion pill is one of the most common methods of abortion. Yet, it is not a simple pill or process.



Living Together

Information to consider before choosing to live together.