

# PREGNANCY SUPPORT VIDEOS

# **Incourage**

BY **FOCUS ON THE FAMILY**

Select the Topic That Fits *Your Needs*



## **First Nine Months**

Medical information on the nine months of pregnancy.



## **Healing the Hurt**

Signs of post-abortive trauma and ways of finding healing.



## **Braver Than You Think**

Encouragement when facing an unexpected pregnancy.



## **Embracing Hope**

Comfort and encouragement after miscarriage.



## **Healthy Pregnancy**

Common symptoms of pregnancy and warning signs. Also, suggestions on what to eat and what to avoid.



## **Gift of a Lifetime**

Comfort and encouragement on handling an adverse diagnosis.



## **What I Didn't Know About Adoption**

Information on adoption, including the three different types of adoption.



## **Morning After Pill**

Information to consider before taking the morning-after pill.



## **Abortion Pill**

The abortion pill is one of the most common methods of abortion. Yet, it is not a simple pill or process.



## **Living Together**

Information to consider before choosing to live together.