

LIFE-GIVING WORDS

The following is a list of life-giving words to help intentionally build into your child:

- Thank you for _____.
- What are your thoughts about _____.
- I admire _____ about you.
- You are a blessing to me.
- Thank you for your genuine smile.
- You are a lot of fun to be with.
- You are great with details.
- I disagree.
- That was a great idea.
- You've got this.
- Great job on _____.
- How can I pray for you? (and then do it)
- May God strengthen you!
- You rock!
- You are loved more than you know.
- I love you.
- I love your smile.
- That was a great idea!
- You're beautiful/handsome.
- That was brave.
- That was courageous.
- You make me laugh!
- Tell me more about _____.
- You're hilarious/funny.
- (In a trusting relationship) Something you could improve on is _____.
- You're skilled at _____.
- You bring important ideas and thoughts.
- I enjoy spending time with you, because _____.
- You're a great listener.
- That was responsible.
- That was smart.
- **That was kind.**
- **I noticed you (something specific they did) _____**
- **I'm sorry.**
- **I'm thankful for the way God created you.**
- **I'm thankful you're my son/daughter.**
- **You're a great leader.**
- **I forgive you.**
- **Will you forgive me for _____?**
- **I appreciate _____ about you.**
- **I'm sorry.**
- **You're a hard worker.**
- **I respect your opinion.**
- **What do you think?**
- **God has a plan for you.**
- **You are fearfully and wonderfully made.**

What are some life-giving words you would add?

(Remember: Life-giving words need to be genuine, timed well, and based on trust in order to give the most life.)

_____	_____	_____
_____	_____	_____
_____	_____	_____